

## ◀ FEBRUARY



Choose your start date!

**Ages 16+**



### **Fitness Kickboxing for Adults - \$135** View times on website

A fun way to get in shape and have fun doing it! Our program is well rounded for fitness and fun and self-protection. Lose weight and tone your body and FEEL GREAT!! Taught by seasoned martial arts and fitness Professionals.

**February 16, 17, 18, 19 & 20**

**All Ages**



### **Public Skating - \$4 CASH**

11:00am

Advance Ticketing is also available for each Public Skate and can be purchased through the Recreation Department website for \$5.00 per skater. Each Skate run for 50 minutes!

**Sunday, February 22 (5-weeks)**

**Grades PreK - 2**



### **Goal Getters Futsal - \$150**

View times on website

Futsal is a tremendous way to develop soccer ball skills, control, and creativity in an age appropriate, fun and high paced game. All skills are welcome in this 5-week session. All sessions will be broken into half skills development and half scrimmage with full sized goals, goalies, and will be officiated like a real game. Times for Grade Groups online!

**Sunday, February 22 (5-weeks)**

**Ages 7-12**



### **Youth Climbing Program - \$220** 11:30am – 1:30pm

Our youth climbing clinic is a great first step for younger participants interested in learning about the sport of climbing in a fun, low-stress environment. In this program, the coaches will introduce our participants to the skills and concepts that climbers need to build a solid foundation for climbing growth.

## ◀ FEBRUARY/MARCH


**Tuesday, February 24 (4 weeks)**
**Ages 10+**


### Archery for All! - \$160

**6:30 – 7:30pm**

Join On the Mark Archery and learn the martial art of archery using beautiful wooden recurve bows to focus more on the form and technique rather than just aiming! Build character, self-esteem and confidence with each triumph and tribulation on the range as you work hard to achieve consistent success.

**Friday, February 27**
**Ages 11+**

### Adaptive Rec, Social Club - Karaoke

**6:00 – 7:30pm**

Adaptive recreation is a program that has been modified to meet the needs of a specific group of participants with varying physical or cognitive disabilities. This could be through equipment, content and rules, structure, support or environment.

If your child has not participated in an Adaptive program with the Woburn Recreation Department before we will need for you to fill out an intake form before your child can attend the program.

**Sunday, March 1**
**Ages 11+**


### Babysitting Essentials with Debbie - \$50

**9:00am – 1:00pm**

This Babysitting training class is a fun learning environment for Middle School aged children interested in Babysitting. The course will cover babysitting essentials, first aid, CPR and more! Get certified by a retired teacher and daycare provider of over 35+ years and start your babysitting journey now!

**Thursday, March 5**
**Ages 18+**


### Adult Paint Class - \$40 Sunflower

**6:30 – 8:30pm**

Join us at Spence Farm for our Sunflower Painting!

# < MARCH



## Saturday, March

**Ages 4-9**


### Leprechaun Mansion - \$40

**10:00am – 11:30am**

#### Kidcreate Studios

Celebrate St. Patrick's Day with a splash of color and a sprinkle of luck! Kids will build their very own Leprechaun mansion using a mix of art materials (and a few tasty treats). It's magical, hands-on adventure you won't want to miss!

## Friday, March 13

**Ages 11+**

### Adaptive Rec, Social Club – St. Patrick's Day

**6:00 – 7:30pm**

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## Monday, March 16 (6-weeks)

**Ages 5-7**


### Clay Hand Building - \$147

**4:00 – 5:00pm**

This program contains 6 classes in which you will create 4 unique art projects!

**Class 1: Sheep**
**Class 2: Snails**
**Class 3: Painting Session**
**Class 4: Chickens**
**Class 5: Caterpillars**
**Class 6: Painting Session**

## Tuesday, March 17 (8-weeks)

**Ages 18+**


### Barre Method (Online) - \$75

**6:30 – 7:25pm**

Barre is a fun, full body workout, great for all fitness levels. Come see what everyone is talking about! Barre will tone your seat, abs, thighs and arms. Strengthen your back and legs! Class may include the use of props such as light weights, a small ball and flexband. Yoga mat needed. This online program is held via ZOOM!

## ◀ MARCH/APRIL


**Thursday, March 19 (6-weeks)**
**Ages 8 - 12**


### Clay Hand Building - \$165

**4:00 – 5:30pm**

This program contains 6 classes in which you will create 4 unique art projects!

Class 1: Dumplings      Class 2: Snails

Class 3: Painting Session

Class 4: Letter Holder      Class 5: Animals

Class 6: Painting Session

**Friday, March 20**
**Ages 4 - 12**


### Parent & Me Flower Pot Paint - \$40

**6:00 – 7:30pm**

In this 90 min class, parents and children will create 2 flower pots - one will be instructed decoupage designs and the other will be paint freely! The instructor will guide the process step by step while leaving plenty of room for individual creativity!

**Registration:** You will be registering your child. During registration you will write in name of parent attending the class. The \$40 covers both painters!

**Saturday, March 21**
**Ages 4 - 9**


### Egg-cellent Peep Party - \$40

**10:00 – 11:30am**

#### Kidcreate Studios

Hop into a world of colorful creativity! Kids will mold and decorate their very own plaster eggs to house a cheerful peep. With step-by-step guidance, little artists will paint, sprinkle, and personalize their creations into festive keepsakes. Get ready for hands-on messes, bright colors, and lots of hopping-around-the-room excitement!

**Tuesday, April 7 (6-weeks)**
**Ages 18+**


### Cardio Dance Fitness - \$40

**6:00 – 7:00pm**

Come dance through the decades with this fun, upbeat class celebrating music of the past and present! This high-energy but easy to follow choreography will get your heart rate up and keeps you coming back for more! All levels welcome.