

WOBURN Recreation PROGRAM GUIDE

IMPORTANT NOTES: Registration & General Information

HOW TO REGISTER

Online, visit in person, or send via mail: Online registration is the preferred method of Registration! Visit www.woburnrec.com. Payment must accompany all registrations. Checks should be made payable to Woburn Recreation. Mastercard, Visa, and Discover are accepted for online registrations. If Registering for the first time with Woburn Recreation, you will need to create a household account. Please call 781-897-5805 if you need assistance.

Course Confirmation

No confirmation for registering via mail will be sent. A participant is registered **ONLY** when payment is received. If at any time, there are questions regarding your household account, please log onto www.woburnrec.com to view your household account history.

Cancellations

The Woburn Recreation Department reserves the right to cancel, postpone, or combine programs. Every effort will be made to notify participants if a program has been cancelled, changed, postponed or relocated due to space availability. The Recreation Department does not confirm program registrations.

Inclement Weather

Please check woburnrec.com for inclement weather updates on programs. We will also send e-mails regarding program cancellations as soon as possible. It is also our policy that if Woburn Public Schools close due to weather related issues, our programs will also be cancelled. If we cancel a program we will do our best to schedule the class make up dates as soon as possible.

Refunds

Refunds, less the minimum \$10.00 non-refundable deposit, may be given to a participant who withdraws from a program two weeks or more prior to the start of the program. To be eligible for a refund, the request must be in writing to the Woburn Recreation Department. In cases of inclement weather or other unforeseen circumstances, refunds or program credits will not be given, however we will do our best to reschedule the program. Participants who withdraw from a program less than 5 business days prior to the start of the program are not eligible for a refund or credit. **Refunds or credits will not be given for early termination of a program by a participant. Program expenses have already occurred.**

Special Needs/Adaptive Recreation

Adaptive sports, recreation, and social programs are offered to youth and adults with intellectual and physical disabilities. The programs provide options for people with disabilities to participate in programs and activities that are specifically designed to meet their diverse needs. Inclusion services are also available for any individual who may have a disability and is looking to participate in a program with support. If you have any questions about what type of program is right for you or your family member, please do not hesitate to contact the Woburn Recreation Department. **For planning purposes, we ask that if any child requires special assistance that you contact the Recreation Department 2 weeks prior to the class so that we have ample time to provide adequate assistance.**

Financial Assistance

Please contact the Woburn Recreation Department to require about Financial Assistance. We offer payment plans for Woburn Residents.

CITY OF WOBURN RECREATION DEPARTMENT

Located on the Basement Level of City Hall, 10 Common Street, Woburn MA

PHONE: (781) 897-5805

Office Hours:

Monday – Wednesday 9:00am – 4:30pm, Thursday 9:00am – 7:00pm, Friday 9:00am – 1:00pm

Youth Programs

Program Guide will be updated to reflect added programs!

Amazing Athletes

Cost: \$150

Amazing athletes are active classes that encourage kids to explore and develop a variety of athletic skills through the introduction of 10 different sports. Coaches break the fundamentals of each sport down into simple steps based on each child's age and ability. The goal is to create a fun environment that establishes lifetime connections to sports and physical activity.

WINTER: January 4 th – February 8 th SPRING: April 26 th – June 7 th (No 5/24)	
Days: Sundays	Shamrock Elementary
Ages	Time
2 – 3 years old*Parent & Me	9:00am – 9:40am
3.5 – 5 years old	9:45am – 10:35am
Fall 2 & Winter inside Gym, Spring Session Outside	

Clay Hand Building (5-7) with Ceramica

Cost: \$147

This program contains 6 classes in which you will create 4 unique art projects!

- Class 1: Evening Whale
- Class 2: Owl Dishes
- Class 3: Painting
- Class 4: Butterflies
- Class 5: Valentine Hearts
- Class 6: Painting



Age	Day	Date	Time
5 - 7	Monday	1/5 – 2/23 *No Class 1/19 & 2/23	4:00 – 5:00pm
Location: Spence Farm			

F.A.S.T. Athletics Dodgeball

Cost: \$35

The most intense and exciting program you have ever seen. The students will learn how to work together, strategize and exercise without even knowing it! There are tons of creative and competitive dodgeball games incorporated into this program – there will never be a dull moment!!! Gatorskin dodgeballs will be used which are proven to be the safest dodgeballs out there! Safety rules and regulations will be enforced before each class.

Ages	Day	Date	Time	Location
7 - 12	Friday	12/19/25	5:30 – 7:30pm	Hurld Wyman Gym

Archery for All!

Cost: \$170

Join On the Mark Archery and learn the martial art of archery using beautiful wooden recurve bows to focus more on the form and technique rather than just the aiming. Build character, self-esteem, and confidence with each triumph and tribulation on the range as you work hard to achieve consistent success! Unique lesson plans implement skill-building drills and games that include prizes to keep students engaged throughout the program. All equipment is provided and classes are led by teams of certified USA Archery instructors.

Age	Day	Winter Sessions	Time	Location
10+	Tuesday	1.) 1/6 – 1/27/26	6:30 – 7:30pm	Altavesta Elementary Gym
		2.) 2/3 – 3/3/26		
		3.) 3/10 – 3/31/26		

Clay Hand Building (8-12) with Ceramica

Cost: \$165

This program contains 6 classes in which you will create 4 unique art projects!

- Class 1: Home Lanterns
- Class 2: Deer Mug
- Class 3: Painting
- Class 4: Whale Organizer
- Class 5: Free your Heart
- Class 6: Painting



Age	Day	Date	Time
8 -12	Thursday	1/8 – 2/26 *No Class 1/22 & 2/19	4:00 – 5:30pm
Location: Spence Farm			

F.A.S.T. Athletics Pre-K & K Basketball

Cost: \$100

Mini-hoops, mini-balls and a ton of fun! This class is created for 3-6 year old's and will work on having fun while learning some fundamentals of basketball. There will be lots of team games, as well as parental participation to encourage the children! Dribbling, passing, and shooting will be the three main fundamental focuses throughout this program

Grade	Time	Winter	Day	Location
Pre-K	10:00 – 10:45am	1/10 – 2/7/26	Saturday	Spence Farm
Pre-K	11:00 – 11:45am			
K	12:00 – 12:45pm			

Karate

Cost: \$190

Our Martial Arts program will arm your child with a host of positive mental and physical skills that will help him/her in School, at home and in life. We stress the importance of respect, academic achievement, nutrition, fitness and so much more! We present traditional Martial Arts in a strict and structured yet still fun manner so kids will learn there's a time to play and a time to work hard. We believe in every child and expect the best from each student. The program teaches self-defense, anti-bullying techniques and the awarding of new Belts gives each child a sense of accomplishment and goal setting. *Each child will receive a free uniform and Belt!*

Grade	Day	Sessions	Time	Location
5 - 12	Saturday	1.) 11/15 – 1/17/26	9:30 – 10:15am	Steve Nugent Karate
		2.) 1/24/26 – 3/28/26		
Address: 1 Lowell Ave, Winchester MA				

Viking Sports North Shore Ninja Warrior

Cost: \$150

During the Viking Sports Ninja Warrior kids will run, jump, climb, and balance their way through exciting obstacle courses and fun games in this action-packed program! Designed to build strength, agility, and confidence, Viking's Ninja Warrior challenges combine fitness with play in a safe, supportive, and high-energy environment.

Ages	Day	Dates	Time
7 - 12	Wednesday	1/28 – 3/11/26 <i>*No Class 2/18</i>	4:00 – 4:50pm
Location: Spence Farm			

Youth Climbing @ Central Rock Gym

Our youth climbing clinic is a great first step for younger participants interested in learning about the sport of climbing in a fun, low-stress environment. In this program, the coaches will introduce our participants to the skills and concepts that climbers need to build a solid foundation for climbing growth. The youth clinic strives to open the door for youth climbers to become comfortable in the gym and make lasting friendships. The coaches will use a mix of climbing instruction and team-building games to facilitate each practice. Clinic participants will learn climbing vocabulary, techniques, and body awareness, all in an inviting environment.

Ages	Day	Sessions	Cost	Time	Location
7 - 12	Sunday	Winter 1: 1/11/26 – 2/8/26	\$220	5:00 – 6:00pm	Central Rock Gym
		Winter 2: 2/22/26 – 3/22/26	\$220		

Little Dragons Karate

Cost: \$190

Our Little Dragons (3 and 4) program focuses on listening skills, the importance of respecting our parents and teachers, healthy life-styles and gross motor skills in the Martial Arts such as jumping, stretching, balancing on one foot and more. All this while making the introduction to Martial Arts fun! Price includes uniform, belts & patches.

Age	Day	Sessions	Time	Location
3 & 4	Saturday	1.) 11/15 – 1/17/26	9:00 – 9:30am	Steve Nugent Karate
		2.) 1/24/26 – 3/28/26		
Address: 1 Lowell Ave, Winchester MA				

Super Soccer Stars

Cost: \$150

Set in a fun, non-competitive environment, we offer age-specific programs which introduce children to the fundamentals of soccer through creative programming and imaginative games. Our dynamic coaching staff, consisting of early childhood, education, and soccer specialists, utilize a unique curriculum which is crafted to improve soccer skills, build self-confidence, and develop socialization skills.

**Children should bring their own soccer ball*

WINTER 1: January 3 rd – February 7 th	
WINTER 2: February 28 th – April 4 th	
SPRING: April 25 th – June 6 th (No 5/23)	
Days: Saturdays	Shamrock Elementary
Ages	Time
2 – 3 years old <i>*Parent & Me</i>	9:00am – 9:40am
3 – 4.5 years old	9:45am – 10:30am
3 – 4.5 years old	10:35am – 11:20am
4.5 – 5 years old	11:25am – 12:15pm
Winter 1 & 2 inside Gym	Spring Session Outside

Adaptive Programs

Program Guide will be updated to reflect added programs!

Adaptive recreation is a program that has been modified to meet the needs of a specific group of participants with varying physical or cognitive disabilities. This could be through equipment, content and rules, structure, support or environment. **If your child has not participated** in an Adaptive program with the Woburn Recreation Department before we will need to you fill out an intake form before your child can attend the program.

Challenger Basketball

A Basketball league for children and adults with disabilities. *Every player on the roster plays in the game, and no score is kept. Participants will have the option to use a “buddy” to help them in the game.*

Ages	Day	Dates	Cost	Time	Location
10+	Tuesday	12/2 - 2/24/25	\$20	6:00 – 7:30pm	White Elementary

Lacrosse Programs

Scoops Lacrosse

Cost: \$125

At Scoops Lacrosse, it’s more than just a sports class—it’s a non-stop adventure filled with laughter, play, and smiles! Imagine your kids running around, having the time of their lives, while learning lacrosse without even realizing it. We’ve taken your child’s favorite games from backyard, recess, and gym class and given them a lacrosse twist! Designed for boys and girls ages 3 to 8, our classes are all about introducing the basics of lacrosse in the most fun way possible. We call it “Sticks and Smiles,” because your child brings the stick, and we bring the endless fun and excitement! Come join the action at Scoops Lacrosse—where learning meets play, and every class feels like a party on the field!

Ages	Day	Dates	Time	Location
3 - 8	Wednesday	11/19 – 12/17 *No Class 11/26	5:45 – 6:45pm	Joyce Middle School Gym

Volleyball

Winter Co-Ed Clinic

Cost: \$125

This program is for all ability levels. In this program players will learn how to hit, pass, set, and serve in a fun and friendly atmosphere. Experienced players will be able to have fun improving their skills through advanced drills and newer players will get to work on improving their volleyball fundamentals.

Registration opens up on Friday, November 14th for Residents and on Tuesday, November 25th for Non-Residents

Grades	Time	Day	Dates	Location
5 & 6	6:00 – 7:15pm	Tuesdays	12/2 - 2/17/26	Shamrock Gym
7 & 8	FULL 7:15 – 8:30pm		**No Classes 12/23 or 12/30	

Adult Programs

Program Guide will be updated to reflect added programs!

Archery for All!

Cost: \$170

Join **On the Mark Archery** and learn the martial art of archery using beautiful wooden recurve bows to focus more on the form and technique rather than just the aiming. Build character, self-esteem, and confidence with each triumph and tribulation on the range as you work hard to achieve consistent success! Unique lesson plans implement skill-building drills and games that include prizes to keep students engaged throughout the program. All equipment is provided and classes are led by teams of certified USA Archery instructors.

Age	Day	Winter Sessions	Time	Location
10+	Tuesday	1.) 1/6 – 1/27/26	6:30 – 7:30pm	Altavesta Elementary Gym
		2.) 2/3 – 3/3/26		
		3.) 3/10 – 3/31/26		

Fitness Kickboxing

Cost: \$135

A fun way to get in shape and have fun doing it! Our program is well rounded for fitness and fun and self-protection. Learn to Punch and Kick it's a great workout plus the added core work, strength, cardio, stretching. Lose weight and tone your body and FEEL GREAT!! Taught by seasoned martial arts and fitness Professionals. **Morning & Evening classes available!**

Sign up on www.woburnrec.com. Schedule your 12-week session by calling New England Small Circle Jujitsu (978-729-9579) and ask for Ed. You may start your 12-week session at any time!

Ages	Days	Time
16+	Mondays, Tuesdays & Wednesdays	6:15pm
	Tuesdays & Thursdays	9:15am
	Saturdays	8:15am
Location: N.E. Small Circle Jujitsu, 2 Merrill St. Woburn MA		

Zumba

Cost: \$180

Tired of the same old workout? Zumba is a Latin-based, dance fitness party that will keep you moving. Feel the music and let loose! Beginners are welcome.

Ages	Day	Dates	Time	Location
18+	Wednesday	9/17 – 12/17	9:00 – 10:00am	Spence Farm
**Can join program after start date at pro-rated cost!				

Barre Method (Online Program)

Cost: \$75

Barre is a fun, full body workout, great for all fitness levels. Come see what everyone is talking about! Based on Pilates, Yoga, sculpting and dance; Barre will tone your seat, abs, thighs and arms. You will strengthen your back and legs. Class may include the use props such as light weights, a small ball and flex band. Come get a great workout wearing comfortable clothes with water and your mat.

Age	Day	Session Dates	Time	Location
18+	Tuesday	1.) 11/4 – 1/13/26	6:30 – 7:25pm	ZOOM
		2.) 1/2-0 – 3/10/26		

ZOOM Links are emailed to participants. **Can join after start date

Holiday Cardio Dance Fitness Pop Up

Cost: \$10

Join us for a fun, festive cardio dance workout set to your favorite holiday music! This class is perfect for all fitness levels no dance experience needed. We'll move, laugh, and get into the holiday spirit together while burning some calories and spreading joy.

100% of the proceeds will be donated to the **Woburn Council of Social Concern**, helping local families in need this season. Your participation makes a difference!

Come dance for a cause and help make the season brighter for our community. Bring a friend and let's jingle all the way!

Ages	Day	Date	Time	Location
18+	Tuesday	12/16/25	6:00 – 7:00pm	Spence Farm

Goal Getters Futsal

Goal Getters Academy (Pre-K/Kindergarten):

The Goal Getters Futsal Academy program is tailored for boys and girls ages Pre-K through Kindergarten (minimum age 3.5). Futsal is a tremendous way to develop soccer ball skills, control, and creativity in an age appropriate, fun and high paced game. All skills are welcome in this 5-week session. All sessions will be broken into half skills development and half scrimmage with full sized goals, goalies, and will be officiated like a real game.

Goal Getters Academy (Girls Grade 1-2):

The Goal Getters Futsal Academy program is tailored for **Girls Grade 1-2**. Futsal is a tremendous way to improve soccer ball skills, control, and creativity in a fun, high paced game. All skills are welcome in this 5-week session. All sessions will be broken into half skills development and half scrimmage with full sized goals, goalies, and will be officiated like a real game. All participants will receive a Goal Getters Athletic T-shirt to be worn each week (distributed week 1). Please note that if there are not enough girls' registration, this will be converted to Co-Ed for Grade 1-2.

Goal Getters Futsal League (Boys Grade 1-2):

This 5-week league is designed for Boys Grade 1-2 ages 7-8. Each session will be half clinic (skills development) and half small indoor games. All skill levels are welcome. All sessions will be run by pro coaching staff with the focus being on having fun and individual player improvement. All games will be formally officiated by pro coaching staff. There will be 4 to 6 teams and all players will be placed on one of the teams.

****All participants will receive official Goal Getters athletic t-shirt**

***Schedule for the season will be released one week prior to the first game.**

Time Range Summary:

Pre-K/Kindergarten: 9-9:50 AM

Grade 1-2 Girls*: 10 -10:50 AM, 11AM -11:50 AM or 12-12:50 PM

Grade 1-2 Boys*: 10 -10:50 AM, 11AM -11:50 AM or 12-12:50 PM

Grade	Day	Dates	Time	Cost
Pre-K & Kindergarten	Sunday	2/22/26 – 3/22/26	9:00am – 9:50am	\$150
Girls Grades 1 & 2			10:00am – 12:50pm	
Boys Grades 1 & 2				

LOCATION: Shamrock Elementary School Gym





2025-26

O'BRIEN ICE RINK

Remaining Public Skating Dates

DEC
24
11:00AM

DEC
26
11:00AM

DEC
29
11:00AM

DEC
30
11:00AM

DEC
31
11:00AM

JAN
1
2:00PM

JAN
2
11:00AM

JAN
19
9:00AM

FEB
16
11:00AM

FEB
17
11:00AM

FEB
18
11:00AM

FEB
19
11:00AM

FEB
20
11:00AM

ADVANCE TICKETING IS AVAILABLE FOR ALL PUBLIC SKATE SESSIONS! PURCHASE ON THE RECREATION DEPARTMENT WEBSITE FOR \$5.00 PER SKATER.

YOU CAN ALSO PAY CASH AT THE RINK (\$4.00)

EACH DATE RUNS 50 MINS.

WWW.WOBURNREC.COM