

Hello, Mountain Mover!

Girls on the Run is coming back to Spence Farm!

Get ready to build the confidence to do hard things. Join a team where you can make new friends and feel like you belong!



Girls on
the **run**®

Are you ready to believe in yourself
as you take on challenges?



- Your team meets twice a week for eight weeks (16 lessons)
- Caring coaches lead fun lessons and games, group discussions, and physical activities
- Each team dreams up and completes a Community Impact Project that helps make the world a better place
- You will cross the finish line with your team in an exciting and joyful 5K

SPRING '25 SEASON DETAILS

Site/Team Name: Spence Farm (Woburn)

Grades: 3-5

Practice Days & Times: Sun & Wed 3:30-5:00 PM

First Practice: Sunday, March 30th

Celebratory 5K: Sat 5/31 or Sun 6/1 (TBD)

Program Fee: \$225

Registration Open Date: Monday, 2/3

Financial Assistance always available!

School/Site Contact: Chris Derse, derselowry@verizon.net

GOTR Contact: Steph Gendron, steph.gendron@girlsontherun.org

<https://www.girlsontherunboston.org/>



**SCAN TO
REGISTER ONLINE!**

