



Hello, Superstar!

Girls on the Run

is coming back to **SPENCE FARM** this Fall!!

Girls on
the Run®



A GOTR SEASON LOOKS LIKE THIS:

- Your team meets twice a week for eight weeks (16 lessons)
- Caring coaches lead fun lessons and games, group discussions, and physical activities
- Each team dreams up and completes a Community Impact Project that helps make the world a better place
- You will cross the finish line with your team in an exciting and joyful 5K in November!



SEASON DETAILS

Site/Team Name: Spence Farm (Woburn)

Location: Woburn Recreation Spence Farm

Grades: 3-5

Registration opens: Mon, August 12th

Season Starts: Sunday, Sept 22nd

Practice Days & Times: Sun/Wed. 3:30 - 5:00pm

Celebratory 5K: Saturday, November 16th

Program Fee: \$225 (*Financial Assistance is always available!*)

Contact:

Carin Bennett-Rizzo, Site Liaison

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<https://www.girlsontherunboston.org/>



**REGISTRATION
OPENS
AUGUST 12**