

# mm.moburace.com

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Advanced Ticketing available through the Recreation Department website for \$5.00 per skater. You can also pay the day of the skate (CASH ONLY) for \$4.00 per skater.

www.woburnrec.com



Recreation



@woburnrec





#### Table of Contents

Adaptive Recreation	Page: 4
Youth Programs	Page: 5 - 7
Adult Recreation	Page: 7 - 8
On the Mark Archery	Page: 8
Volleyball	Page: 9
Family Programs	Page 10
Ceramica Clay & Paint	Pages:10-11
Sports Zone 101	Page 12
Goal Getters Futsal	Page: 13
Scoops Lacrosse	Page: 14

#### **Mission Statement**

The Mission of the Woburn Recreation Department is to promote the health and welfare of the citizens of Woburn by providing safe, affordable, and most importantly enjoyable Recreation Programs.

#### **Recreation Commission**

Paul Tobin, Chair Michael Martini, Vice Chair Joe Daly Kevin Lonergan Maura Embler

# **Discounted Movie Tickets**

The Recreation Department sells discount movie tickets to the Showcase cinemas. The cost for each ticket is \$9.75 and they are valid anytime.

#### Payment

Payment must accompany all registrations. Checks should be made payable to Woburn Recreation. Mastercard, Visa, and Discover are also accepted. **During COVID-19 On-line registration is the preferred method of Registration! If you need to pay via check or cash please contact the Woburn Rec Dept to arrange an appointment.** 

If Registering for the first time with Woburn Recreation, you will need to create a household account. Please call 781-897-5805 if you need assistance. Non-Residents will not be allowed in our programs for this summer due to COVID-19

#### **Inclement Weather**

Please check <u>woburnrec.com</u> for inclement weather updates on programs and fields operated by Woburn Recreation. We will update or website and send e-mails regarding program cancellations as soon as possible. It is also our policy that if Woburn Public Schools close due to weather related issues, our programs will also be cancelled. If we cancel a program we will do our best to make that scheduled class up that week.

#### Refunds

Refunds, less the minimum \$10.00 non-refundable deposit, may be given to a participant who withdraws from a program two weeks or more prior to the start of the program. To be eligible for a refund, the request must be in writing to the Woburn Recreation Department. In cases of inclement weather or other unforeseen circumstances, refunds or program credits will not be given, however we will do our best to reschedule the program. Participants who withdraw from a program less than 5 business days prior to the start of the program are not eligible for a refund or credit. **Refunds or credits will not be given for early termination of a program by a participant. Program expenses have already occurred.** 

#### **Financial Assistance**

Please contact the Woburn Recreation Department to require about Financial Assistance. We offer payment plans for Woburn Residents.

#### **Participants Responsibility**

We ask that all participants respect the staff, other participants, program equipment, age requirements, and facilities when participating in programs offered by Woburn Recreation. If participants fail to cooperate with the rules, Woburn Recreation reserves the right to dismiss or suspend a participant in any program without a refund.

#### **Course Confirmation**

No confirmation for registering via fax or mail will be sent. A participant is registered ONLY when payment is received. If at any time, there are questions regarding your household account, please log onto <u>www.woburnrec.com</u> to view your household account history.

#### **Special Needs/Adaptive Recreation**

Adaptive sports, recreation, and social programs are offered to youth and adults with intellectual and physical disabilities. The programs provide options for people with disabilities to participate in programs and activities that are specifically designed to meet their diverse needs.

Inclusion services are also available for any individual who may have a disability and is looking to participate in a program with support. If you have any questions about what type of program is right for you or your family member, please do not hesitate to contact the Woburn Recreation Department. For planning purposes, we ask that if any child requires special assistance that you contact the Recreation Department 2 weeks prior to the class so that we have ample time to provide adequate assistance.

#### Cancellations

The Woburn Recreation Department reserves the right to cancel, postpone, or combine programs. Every effort will be made to notify participants if a program has been cancelled, changed, postponed or relocated due to space availability. The Recreation Department does not confirm program registrations.

Ræcænston Fiftee Loensed on the 1ª Floor of Atty Hall Hours Monday – Wed %00am – 4x30pm Thurs %00am – 7x00pm Fri %00am – 1x00pm (731) 397 - 5305

#### **Adaptive Recreation Programs**

Any new participant must have an intake form submitted to the Woburn Recreation Department 2 weeks prior to starting a program. You can access the Intake Form on the registration page of the program you are interested in. You must be registered 2 weeks prior to a program beginning so we can properly plan for staff.

#### **Open Swim**

Open Swim at the Woburn Boys & Girls Club! For the Open Swim parents of children 10 and under must stay with their children. If your child is unable to swim a parent must be in the pool with them at all times. **\*\*You must sign up separately for each date** 

Dates: 1.) Saturday January 27th
2.) Saturday February 10<sup>th</sup>
Times: 9:30 – 10:30am
Ages: 3-30
Location: Woburn Boys & Girls Club

#### **Friday Night Movies**

We will be hosting a movie night on Friday nights at Spence Farm! All you need to bring is a bag chair and we will provide the snacks and drinks!

Dates: 1.) January 26<sup>th</sup> 2.) February 22<sup>nd</sup> 3.) March 8<sup>th</sup> Ages: 5 - 30 Location: Spence Farm Times: 6:00 – 7:30pm Cost: \$10 each night

#### Spring Challenger Basketball

A Basketball league for children with disabilities. Every player on the roster plays in the game, and no score is kept. Participants will have the option to use a "buddy" to help them in the game.

**Dates:** 4/30 – 5/28/24 (Tuesdays) **Ages:** 10 & Up **Location:** Leland Park **Times:** 5:15pm – 6:00pm **Cost:** \$20

#### Launch Trampoline Park

We will be going to Launch Woburn for an hour jump! We are looking at two dates (October 17th & November 21st) for 5:30-6:30pm Jump times.

Dates: 1.) Thursday February 1<sup>st</sup> 2.) Thursday February 29<sup>th</sup> Ages: 6-30 Cost: \$20

Location: Launch Woburn

#### **Social Club**

Join us for Arts & Crafts, Fun games, music, and much more! Each Social Club will be themed towards events happening that month.

Dates: 1.) Saturday February 3<sup>rd</sup> 2.) Saturday March 2<sup>nd</sup> Times: 10:00-11:30am Ages: 5-30 Location: Spence Farm Cost: \$10 each class



#### **Youth Programs**

#### **Amazing Athletes**

Amazing athletes are active classes that encourage kids to explore and develop a variety of athletic skills through the introduction of 10 different sports. Coaches break the fundamentals of each sport down into simple steps based on each child's age and ability. The goal is to create a fun environment that establishes lifetime connections to sports and physical activity. **Dates:** 4/28 - 6/9/24**Cost:** \$150 (6 Weeks)

**Ages 3-4:** 9:00 – 9:45am **Ages 5-7:** 9:50 – 10:40am **Location:** Shamrock Elementary School Field

#### **Cardio Dance Kids**

This exciting class provides an outlet for kids to burn off their limitless energy, while inspiring creativity and developing coordination and confidence. Kids will have a blast bopping and grooving to their favorite songs while building up their fitness level, as well as making new friends!

 Dates: 2/6 - 3/5
 Time: 5:00-5:45pm

 Ages: 4-7
 Cost: \$40

 Location: Spence Farm

#### Karate

Our Martial Arts program will arm your child with a host of positive mental and physical skills that will help him/her in School, at home and in life. We stress the importance of respect, academic achievement, nutrition, fitness and so much more! We present traditional Martial Arts in a strict and structured yet still fun manner so kids will learn there's a time to play and a time to work hard. We believe in every child and expect the best from each student. The program teaches self-defense, anti-bullying techniques and the awarding of new Belts gives each child a sense of accomplishment and goal setting. *Each child will receive a free uniform and Belt!* 

Dates: 4/6/24 - 6/29/24 Time: 9:30 - 10:15am Ages: 5-12 Cost: \$190 Location: Steve Nugent Karate Winchester

#### **Babysitting Essentials with Debbie**

This Babysitters training class is a fun & learning environment for Middle School aged children interested in Babysitting. The course will cover babysitting essentials, first aid, CPR and more! Get certified by retired teacher and daycare provider of over 35+ years and start your babysitting journey now!

Date: 4/6/24 Time: 9:00am -1:00pm Location: Spence Farm

**Ages:** 11 & up **Cost:** \$50

#### **Easter Crafts & Games**

Join our Recreation Staff for some fun Easter Crafts & Games!

Date: Thursday, March 21<sup>st</sup> Ages: 5 - 12 Time: 3:30pm – 4:30pm Cost: \$15 Location: Spence Farm



#### **Kids Test Kitchen**

Kids' Test Kitchen is on a mission to get young eaters cooking, tasting, and thinking about healthy ingredients! Let's continue to redefine kid food; one lesson, and one child at a time!

Each class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, working as a team, we'll slice, dice, peel, measure, and cook until we've prepared the finished dish. At the end of class your aspiring chef will receive the main ingredient, or a sample of the finished dish, and the recipe so that they can show off what they've learned!

 Session 1: 2/2 – 3/15 \*No class 2/23

 Session 2: 3/29 – 5/10 \*No class 4/19

 Time: 3:30-4:30pm

 Grades: 1-5

 Location: Spence Farm

 Cost: \$140

#### **Youth Programs**

#### Little Dragons Karate

Our Little Dragons (3 and 4) program focuses on listening skills, the importance of respecting our parents and teachers, healthy life-styles and gross motor skills in the Martial Arts such as jumping, stretching, balancing on one foot and more. All this while making the introduction to Martial Arts fun! Price includes uniform, belts & patches. **Dates:** 4/6/24 - 6/29/24

**Time:** 9:00 – 9:30am **Ages:** 3 & 4 **Cost:** \$190 Location: Steve Nugent Karate Winchester

#### Minds In Motion – Future Engineers

If you like to create and build things, this program is for you! Take home your very own engineering kit! You will build up to 8 working models including a material lift, stationary bike, crane bridge, construction crane, and a windmill! With the aid of your instructor and the easy-to-follow manual, you will learn different scientific principles involving pulleys and mechanics. You will also learn about basic circuits as you construct a Maze Challenge, Flying Disc, Turbo Air, and Alarm System with our STEM Lab kit! As future engineers, the STEM lab will teach you how to comprehend a schematic diagram and interpret the flow of electricity. Design your own diagrams and watch your confidence soar as you transform wires, springs, and plastic parts into fully functioning circuits. Come obtain the necessary skills and experience to take on the technological challenges of the future!

**Dates:** 2/20 – 2/23/24 **Time:** 12:30 – 3:30pm **Location:** Spence Farm

**Ages:** 8 – 12 Cost: \$150

#### St. Patrick's Day Crafts & Games

Join our Recreation Staff for some fun St. Patrick's day themed crafts & games!

**Date:** Thursday, March 14<sup>th</sup> **Ages:** 5 - 12 **Time:** 3:30pm – 4:30pm **Cost:** \$15 **Location:** Spence Farm



#### Minds in Motion – Chemical Creations

Come experience a hands-on world of fun as you conduct a variety of scientific experiments! Learn and discover many different scientific concepts in an entertaining and innovative approach. Learn all about energy and molecules, create a crazy bouncy glob from glue, and make some scary green slime! Make your very own UV bracelet and watch it react to the sun. You will also get to witness some amazing scientific demonstrations from your instructor. Watch snow being created and feel how cold it is! Experience a powerful magnet, magic sand, and many other exciting experiments in this fascinating and educational program! **Dates:** 1/31 – 3/13/24 **Time:** 4:00 – 5:00pm **Ages:** 6 – 11 **Cost:** \$140

#### Minds in Motion – RE/CO Robot

**Location:** Spence Farm

Build and take home your very own RE/CO Robot! RE/CO robot is a mechanical off-roading adventure! It comes equipped with an infrared sensor and artificial intelligence. Its ability to be controlled wirelessly, and its tank-like tracks, make it perfect for rugged conditions! With the wireless remote control added, RE/CO Robot can access new play modes like storytelling, singing, dancing, and even programming. Students can enjoy guiding it over all sorts of terrain or allow the friendly robot to lead the way, using its infrared sensor to find a clear path in patrol mode. For parents who look to get the most out of their children's time, RE/CO Robot is a great all in one package! It combines assembling with 106 pieces, STEAM learning with infrared sensors, programming with easy directional commands, and having fun with the freedom of a handy wireless remote control!

**Dates:** 2/20 - 2/23/24**Time:** 9:00am – 12:00pm **Location:** Spence Farm

**Ages:** 8 – 12 **Cost:** \$150



Register online at www.woburnrec.com

#### **Youth Programs**

#### **Super Soccer Stars**

Set in a fun, non-competitive environment, we offer age-specific programs which introduce children to the fundamentals of soccer through creative programming and imaginative games. Our dynamic coaching staff, consisting of early childhood, education, and soccer specialists, utilize a unique curriculum which is crafted to improve soccer skills, build self-confidence, and develop socialization skills. \**Children should bring their own soccer ball* 

Winter: 3/2 - 4/6 (Inside) Spring: 4/27-6/8\*No class 5/25 (Outside) Ages 2-3 Parent & Me: 9:00 – 9:40am Ages 3-4.5: 9:45 – 10:30am Ages 3-4.5: 10:35 – 11:20am Ages 4.5-5: 11:25 – 12:15pm Ages 4.5-5: 12:20 – 1:15pm Cost: Session 1 \$150 (6 Weeks) Location: Shamrock Elementary

#### TinyTykes Soccer

Challenger Sports Innovative preschool program is the beginning to a lifelong soccer passion! The program introduces children aged 2 to 5 years to the basic skills of soccer. TinyTykes encourage confidence in young players and begin a well-rounded pathway to future skill development. **Dates:** 424 - 5/29/24

 Cubs (2-3): 9:30 – 10:15am
 Lions (4-5): 10:30 – 11:15am

 Cost: \$90
 Location: Library Park

#### Youth Climbing @ Central Rock Gym

Our youth climbing clinic is a great first step for younger participants interested in learning about the sport of climbing in a fun, low-stress environment. In this program, the coaches will introduce our participants to the skills and concepts that climbers need to build a solid foundation for climbing growth. The youth clinic strives to open the door for youth climbers to become comfortable in the gym and make lasting friendships. The coaches will use a mix of climbing instruction and team-

building games to facilitate each practice.Session 1: 1/21 - 3/17/24SessTime: 11:30am - 1:30pmAgeLocation: Central Rock GymCost10 Adam Road, Stoneham MAKaralana

Session 2: Stay Tuned! Ages: 7-12 Cost: \$300

#### **Adult Recreation**

#### Adult Self-Defense & Jujitsu

This adult self-defense program is great for women and men. Learn how to protect yourself and your family! Develop the confidence to handle different types of confrontations! Small Circle Jujitsu doesn't require strength but leverage and the knowledge to expose the attacker's weaknesses and take advantage of to stop them and get away safely. *To schedule your 10-week session please contact Ed. Morning & Evening classes available! Start your 10 weeks at any time!* Ages: 16 & Up Cost: \$209 Location: New England Small Circle Jujitsu Contact: 781-932-9366

#### **Barre Method (Online Program)**

Barre is a fun, full body workout, great for all fitness levels. Come see what everyone is talking about! Based on Pilates, Yoga, sculpting and dance; Barre will tone your seat, abs, thighs and arms. You will strengthen your back and legs. Class may include the use props such as light weights, a small ball and flex band. Come get a great workout wearing comfortable clothes with water and your mat.

**Dates:** 1/2 - 3/5/24 **Time:** 6:30 - 7:25pm **Cost:** \$75 **This Program is held on ZOOM.** Links to class are emailed to participants. *\*\*Can still join after start date* 

#### **Cardio Dance Fitness**

Come dance through the decades with this fun, upbeat class celebrating music of the past and present! This high-energy but easy to follow choreography will get your heart rate up and keeps you coming back for more! All levels welcome.

**Session 2:** 3/5 – 4/9/24

**Time:** 6:00 – 7:00pm

**Cost:** \$40

Location: Spence Farm

Register online at <u>www.woburnrec.com</u>

(781) 897-5805

Adult Recreation		
Moving Meditation using Tai Chi & QiGong with KevinCome out and have fun with Instructor KevinO'Malley learning moving meditation using Tai Chiand Qi Gong, which improves your: balance, strength,health, flexibility, focus & reduces stress.In addition, learn breathing techniques for relaxation!Session 1: $1/22 - 2/26/24$ Session 2: $3/11 - 4/15/24$ Time: $5:30 - 6:30 \text{pm}$ Cost: \$50Location: Spence Farm	Fitness Kickboxing "The Fun Workout" A fun way to get in shape! Learn to Punch, Kick plus core work, strength, cardio & stretching. Lose weight, tone your body & FEEL GREAT!! Taught by seasoned martial arts and fitness Professionals. Workouts differ so you never get bored! <i>To schedule</i> <i>your 10-week session please contact Ed. Morning &amp;</i> <i>Evening classes available! Start your 10 weeks at any</i> <i>time!</i> Contact: 781-932-9366 Ages: 16 & Up Cost: \$140 Location: New England Small Circle Jujitsu	
Yoga with MichelleDe-stress with Gentle Mindful Yoga! This class is designed to leave you calm while allowing you to stretch and strengthen your body. Emphasis is on building awareness of the breath and body, while building heat, strength and flexibility. Appropriate for all levels. **Yoga mat needed.Dates: $3/7 - 3/28/24$ Time: 6:00 - 7:00pm Location: Spence Farm	<ul> <li>Wind Down Yin Yoga</li> <li>The perfect end to your day. This slow-moving class will guide you through movements designed to unpack the day and reset your mind body balance. In typical Yin fashion poses are held longer to allow the body to find a deep sense of surrender. Expect a full body experience coupled with breathwork and guided meditation that will leave you grounded and balanced. Recommended for all levels. *Yoga Mat is required Dates: 3/6 – 4/20/24 *NO classes 3/20 or 4/3</li> <li>Time: 6:45 – 7:45pm</li> <li>Cost: \$40</li> <li>Location: Spence Farm</li> </ul>	

#### Zumba

Tired of the same old workout? Zumba is a Latin-based, dance fitness party that will keep you moving. Feel the music and let loose! Beginners are welcome.

**Dates:** 1/18 – 4/25/24 \**NO class* 2/22 or 4/18 **Time:** 9:00 – 10:00am

um **Cost:** \$192 ]

: \$192 Location: Spence Farm

## **On the Mark Archery**

<b>Archery for Kids (Gr. 4-8)</b>	<b>Archery for Adults (Gr. 9 – Adult)</b>
Join On the Mark Archery and learn the martial art of	Release stress with arrows! Relax and unwind after a
archery using beautiful wooden recurve bows to focus more	long day at work and sign up for a low-impact fitness
on the form and technique rather than just the aiming. Build	course like Archery. This unique Olympic sport is one
character, self-esteem and confidence with each triumph and	of the fastest growing across America and is easy to
tribulation on the range as you work hard to achieve	learn, but difficult to master. The thrill of shooting a
consistent success! Unique lesson plans implement skill	bow is unlike any other body mind experience and it
building drills with unique games that include prizes to keep	involves form elements and strategy similar to golf,
students engaged throughout the program. All equipment	yoga, martial arts and even chess! All equipment is
provided and class is led by teams of certified USA Archery	provided and this course is led by certified USA
instructors.	Archery instructors.
ARCHERY FOR ALL: Dates 2/3 – 2/24 Cost: \$145 Times: 1:00-2:00pm (Gr.4 - Adult) Location: Burlington Rec Center Gym	Winter Session 3:         Saturdays 3/2 - 3/23           Times: 1:00-2:00pm (Gr.4 - 8)         Cost: \$145           2:15-3:15pm (Gr.9-Adult)Location: Burl. Rec Center

#### **Recreation Volleyball**

<ul> <li>Travel Volleyball: Grades 5-8</li> <li>The Woburn Recreation Department will run its 10th season of the successful and popular ability-based co-ed Travel Volleyball Team. We encourage everyone to attend both dates. Those chosen for a team will have at least 12 practices and 8 games totaling 40+ hours of volleyball.</li> <li>Games will be against recreation departments and volleyball programs from other towns. This program will run through mid-May. Sessions will be held on Wednesdays and Fridays. There will be games (home and away) on weekends.</li> </ul>	<b>Tryout 1 – Woburn High School Gym</b> Wednesday March $13^{th} 6:00 - 8:00 pm$ Grades: $8^{th}$ GradersFriday March $15^{th} 6:00 - 8:00 pm$ Grades: $5^{th}$ , $6^{th} \& 7^{th}$ Graders <b>Tryout 2 – Woburn High School Gym</b> Saturday March $16^{th}$ Grades5-7: $10:00 - 11:30 am$ Grade $8:$ $12:00 - 1:30 pm$ Players who do not make the team are encouraged to attend the Spring Clinic on Wednesday Nights.	
There is no fee to try out. If you are chosen for a team, players will need to register through the recreation department. If chosen for the program, the fee is <b>\$199</b>	To Register for tryouts, scan QR code or visit woburnrec.com for link. There is no fee to tryout!	

# Volleyball Spring Clinic @ Woburn High School

The Woburn Recreation Department will be running a co-ed Volleyball Clinic on Wednesdays beginning March 27th from 7-8:30 for players in Grades 5-8 at Woburn High School.

In this program, players will learn how to hit, pass, set, and serve in a fun and friendly atmosphere led by former and current Woburn High volleyball players.

This program is for both beginner and experienced players.

Players should only register for this clinic if they are not trying out for Travel, or if they are not selected for the Travel program. Players should NOT register for both the Travel Team tryouts and this clinic.

Dates: Wednesdays 3/27, 4/3, 4/10, 4/24, 5/1, 5/8, 5/15, 5/22 Location: Woburn High School Gym Cost: \$125 Registration Opens on Thursday March 21<sup>st</sup> on <u>www.woburnrec.com</u>



Register online at <u>www.woburnrec.com</u>

#### Bouncing Beans – Sprouts (Ages 1-3)

Children learn through play! Bouncing Beans facilitates developmental playgroups where children and caregivers can learn and grow. Our playgroups are designed by a pediatric occupational therapist, and in addition to providing a consistent routine, groups may include movement-based activities, art, and sensory play. General tips to build upon developmental skills will be shared throughout the session.

The Sprouts Group: facilitated for toddlers (1-2 years) and preschoolers (3 years), with a caregiver present (babies/siblings welcome, please share their age when registering). This group provides a consistent routine with a variety of activities related to a theme, and allows for practice with transitions, taking turns, and sharing. Simple sign language and a visual schedule will be introduced.

Pricing

1 Class: \$24

3 Classes: \$70

4 Classes: \$90

#### **Class Information**

**Dates:** Wednesdays, January 10<sup>th</sup> – February 14th **Time:** 11:00 – 11:45am **Location:** Spence Farm **Instructor:** Allison Osipow MA, MS, OTR/L

#### Parent & Me "Owl Love You" Craft Night

Calling all artists! Let's get those creative juices flowing! This night will include 3 different owl crafts for parent and child to do together. Once craft show in picture!

Date: 2/16/24 Cost: \$50, covers both! Location: Spence Farm Time: 6:00 – 8:00pm Ages: 6 & up Instructor: Annemarie Bianchi

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5 Classes: \$110

6 Classes: \$130



#### **Ceramica Paint Studio Classes**





# CLAY HAND BUIDLING AGES 6 – 12

# Dates: 1/25 -3/7 /24 No class 2/22/24

Ages: 6 - 12 Cost: \$205 Time: 3:30-5:00pm Location: Spence Farm

#### **Ceramica Paint Studio Classes**

## \*\*All Photos are for inspiration only\*\*

	· · · · · · · · · · · · · · · · · · ·	
	<ul> <li>Snowman Plate</li> <li>This wintry plate will become a favorite to serve your snacks. We will use the masking technique to create the Snowman design.</li> <li>Project 8" Ceramic Coupe Plate</li> <li>Project Photo is for inspiration only</li> </ul>	Class Details Ages: 5-7 Date: January 20 <sup>th</sup> Time: 10:00 – 11:00am Cost: \$35 Location: Spence Farm
WATERCOLOR PENGUIN PLAIJER	<ul> <li>Penguin Platter</li> <li>Using watercolor and transfer techniques we will create this cute small platter forthe winter.</li> <li>Project 9L x 7W x.75H</li> <li>Squircle Platter</li> <li>Project Photo is for inspiration only</li> </ul>	<u>Class Details</u> Ages: 8-12 Date: January 20 <sup>th</sup> Time: 11:30 – 1:00pm Cost: \$40 Location: Spence Farm
OVE IS ALL BORN	<ul> <li>Love is all you need Plate</li> <li>We will capture those little hands for many Valentine's days to come.</li> <li>Project 10" Ceramica Coupe Plate</li> <li>Project Photo is for inspiration only</li> </ul>	<u>Class Details</u> Ages: 5-7 Date: February 10 <sup>th</sup> Time: 10:00 – 11:00am Cost: \$40 Location: Spence Farm
	Sweetheart Mug Using transfer techniques children can select from a variety of colors to design their mugs! Project 4.25D x 4.5H, Round Mug	Class Details Ages: 8-12 Date: February 10th Time: 11:30 – 1:00pm Cost: \$35 Location: Spence Farm
Contraction of the second seco	Hey Chick Plate Great for Easter or any special Sunday breakfast. This little plate will be created with a masking technique. Project 8" Ceramic Rim Plate <i>Project Photo is for inspiration only</i>	Class Details Ages: 5-7 Date: March 16 <sup>th</sup> Time: 10:00 – 11:00am Cost: \$35 Location: Spence Farm
	Butterfly Plate We'll be tracing the design and using dot-art to create this beautiful spring butterfly! Project 10" Coupe Plate Proiect Photo is for inspiration only	<u>Class Details</u> Ages: 5-7 Date: March 16 <sup>th</sup> Time: 11:30 – 1:00pm Cost: \$35 Location: Spence Farm

#### Sports Zone 101

#### Birdie, Chip & Putt: Intro to Golf

Golf is a lifelong sport. The smell of the fresh-cut grass, the crisp morning air, the feeling of the perfect tee shot -it's not hard to love a few hours on the greens. But what makes golf even better is playing with friends and loved ones. We can't promise that we will produce the next pro golfer in our program, but we can guarantee that your children will have lots of fun, be introduced to traditional golf grips and hitting stances, and get a little practice with putting and chipping. Using the U.S. Kids Golf Early Start Program, each class will consist of short lessons followed by small group activities. Our goal is to introduce the children to the game of golf in a fun and interactive way so they can join you on the greens one day! **Dates:** 4/23 - 5/21/24

Ages: 3-5 Cost: \$119

Time: 3:30-4:30pm Location: Spence Farm

#### Lego Brick Builders Club

It takes years of practice, determination, patience, and dedication to become a Lego Brick Builder. Your child is in luck though because we have worked tirelessly to perfect our Lego teaching technique! Come join us as we explore and create our wildest imaginations. We will also re-create some real-world buildings, landscapes, feats of engineering, and Wonders of the World. We will also build specialized kits which include Star Wars, Minecraft, Pokémon, Disney, and so much more! *We supply all Lego blocks and building guides for classes* **Dates:** Monday's 2/5 - 3/11/24 *\*No Class 2/19* **Grades:** K-5 **Time:** 4:30-5:30pm **Cost:** \$99 **Location:** Spence Farm

#### **Ultimate Nerf Showdown**

Come test your individual and team effectiveness as a participant in our Nerf program! This awesome program puts a fresh spin on traditional games like Capture the Flag, King of the Hill, and Zone Wars, while also allowing participants to get great exercise, learn strategic planning skills, and make new battle-tested friends. We use Nerf X-Shot and Nerf Dart style equipment. Participants will play different games throughout the day, with individual and team-based challenges, so there is always something new and exciting to strive for. We will also have all sorts of inflatable bunkers and other fun objects for the students to strategize their missions. *Kids Should Bring: Water,* 

Comfortable Shoes! Dates: 4/26 -5/26/24 Time: 3:30-4:30pm Location: Spence Farm

Grades: 2-5 Cost: \$119

#### **Little Big Leaguers**

Come join the Sports Zone 101 coaches as we teach the basic skills and movements needed to play baseball. We will instruct all kids on how to hold the bat correctly, hit the ball off a tee, field a ball, throw a ball, and learn how to become an awesome teammate! We will spend time getting to know each other, learn more about the way our bodies move, and explore new ways to stay active and have fun doing it! We will help develop your child's sensory and gross motor skills in our exciting 3-5 year Little Big Leaguer program! Session 1: Wednesday's 2/7 -3/13/24 \*No Class 2/19 Ages: 3-5 Time: 3:30-4:30pm Cost: \$119 **Location:** Hurld Wyman Gym Session 2: Tuesday's 4/23 - 5/21/24 Ages: 3-5 **Time:** 4:30-5:30pm **Cost:** \$119 Location: Outside Spence Farm

#### Pokémon Battle Club

Gather up your Poke balls, muster your courage, and prepare your mind for the ultimate test of your Pokémon trainer abilities. Throughout this class, you will go headto-head with other Pokémon trainers to determine who will become the Gym Master and take home the Grand Prize of 10 Pokémon booster packs. We will cover some basic Pokémon Trading Card Game strategy, but this class is intended for participants who have a basic knowledge of Pokémon the Trading Card Game. Trainers do not need to bring their own battle decks, but it is suggested. *In class trading will also be allowed with direct approval of class teachers to ensure fair trade practices.* 

 Session 1: 2/5 - 3/11/24 \*No Class 2/19

 Session 2: 4/1 - 5/6/24 \*No Class 4/15

 Grades: K-5
 Time: 3:30-4:30pm

 Cost: \$119
 Location: Spence Farm

#### Winter Dodgeball Challenge

Come enjoy our fan-favorite games of dodgeball in a winter themed Tournament of Champions. This program will play many awesome themed styles of dodgeball. We will be playing Dr. Dodgeball, Prize Ball, Elimination, Army, Ring of Fire, and many more including some brand-new versions incorporating a snowball toss with cotton filled dodgeballs... Each week will be a new adventure of team, individual, or tournament dodgeball. Sports cards will also be given out at the end of each program, with the opportunity to earn special prizes for play and behavior. Time to find the next Ultimate Dodgeball Player! Dates: Wednesday's 2/7 -3/13/24 \*No Class 2/19

Dates: Wednesday's 2/7 -3/13/24 "No Class 2/19Grades: 2-5Time: 4:30-5:30pmCost: \$99Location: Hurld Wyman Gym

#### **Goal Getters Futsal**

#### Goal Getters Futsal (Indoor Soccer) <u>5v5 League</u>

This 5-week program is designed for kids ages 5-8. Each session will be half clinic (skills development) and half small indoor games. All skill levels are welcome. All sessions will be run by pro coaching staff with the focus being on having fun and individual player improvement. All games will be formally officiated by pro coaching staff. Ages 5-6 and 7-8 will be run as separate leagues and players will be placed on a team within their age group.

Ages 5-6: game times will be either 9:00-9:50AM or 10:00-10:50AM Ages 7-8: game times will be either 11:00-11:50AM or 12:00-12:50PM. Schedule for the season will be released one week prior to the first game. \*\*Above schedule is based off of 4 teams of 8 per age group



## **About Goal Getters**

Joe DaSilva founded Goal Getters on the core principle that soccer is for everyone. Joe & Stacy create an inclusive, fun, and engaging environment for kids of all skill levels. The focus is not on winning or losing, but rather on skill improvement, growth in self-confidence, and demonstration of great sportsmanship. Pro coaches Joe and Stacy DaSilva are youth soccer grassroots certified pro coaches and specialize in children under the age of 10. They currently coach youth soccer through Boston Bolts (club soccer), Reading United (Micro Pro Coaches), and Lil Kickers/Skills Institute (Danvers Indoor Sports).

Dates: February 25th to March 24th (5 weeks) Location: Shamrock Elementary School – Gymnasium Cost: \$125

#### Scoops Lacrosse

Scoops Lacrosse Winter clinics are a great opportunity to introduce your kids to the game of lacrosse as well as have them continue their development.

Scoops clinics are designed to ensure the game of lacrosse is learned the right way, the fun way. At Scoops, our goal is simple, we help kids to be better players, teammates, and individuals on and off the field. Our secret, we have fun while learning the fundamentals. Like tons and tons of fun.

Scoops Lacrosse will be running a 5-week super cool fall lacrosse clinic open to **boys and girls ages 3-8**, Scoops Clinics are designed for kids who are interested in learning as well as continuing their development of lacrosse. Kids will be broken into different groups based on age and/or skill levels. Most importantly, Scoops Clinics are designed for maximum amounts of fun, confidence building, and pure lacrawsomeness.

The only equipment necessary is a lacrosse stick. We are pad free at Scoops. At Scoops, we like to say, it's sticks and smiles, and if you bring your stick, we'll deliver the smile.

# **Scoops Session #1**

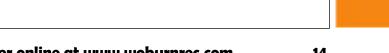
Dates: 1/17 – 2/14/24 Time: 5:45-6:45pm Cost: \$150 Ages: Boys & Girls 3-8 Location: Joyce Middle School Gym

# Scoops Session # 2

Dates: 1/17 – 2/14/24 Time: 5:45-6:45pm Cost: \$150 Ages: Boys & Girls 3-8 Location: Joyce Middle School Gym

#### **Ballerz Lacrosse**

Ballerz Lacrosse is a program that prides itself on teaching the fundamentals, skills and rules of the game in a super positive, fun and competitive environment that encourages learning and creativity. Ballerz is open to boys 1st - 4th grade that are interested in enhancing their game. Ballerz is an engaging 5-week lax clinic this Winter that will meet once a week for skill development and small-sided games (Groups are split by ages and skill). *Equipment Needed:* Stick, Helmet, Chest/Shoulder pads, Gloves, elbow pads, mouth guard and cup. Session 1: 1/17 – 2/14/24 Session 2: 2/28 – 3/27/24 **Time:** 7:00 – 8:00pm Grades: 1-4Cost: \$150 Location: Joyce





# February Sreak

	MONDAY FEB 19 , 2024	1:30 - 2:30PM
=	TUESDAY FEB 20 , 2024	11:00AM - 12:00PM
+++	WEDNESDAY	1:30 -

FEB 21, 2024 2:30PM

THURSDAY 11:00AM -FEB 22, 2024 12:00PM

FRIDAY 1:30 -FEB 23, 2024 2:30PM

SATURDAY 11:40AM -FEB 24 , 2024 12:40PM

\$4.00 PER SKATER

\$5.00 SKATE RENTALS

O'BRIEN ICE RINK 55 LOCUST ST WOBURN MA 01801

# ADVANCED TICKETING & MORE INFO:

www.woburnrec.com