



# *Woburn Recreation*

## *Fall Brochure 2023*

*City of Woburn Youth  
& Adult Programs!*



# www.woburnrec.com

For latest updates and more information visit our website!

Or contact us at (781) 897 - 5805

SIXTY-NINTH ANNUAL  
**HALLOWEEN  
PARADE**



**MAIN STREET, WOBURN  
OCTOBER 29, 2023  
1:00 P.M.**

**WOBUURNHOSTLIONS.COM**  
ALL PROCEEDS GO TO LIONS EYE RESEARCH  
SPONSORSHIP OPTIONS AVAILABLE



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## Mission Statement

The Mission of the Woburn Recreation Department is to promote the health and welfare of the citizens of Woburn by providing safe, affordable, and most importantly enjoyable Recreation Programs.

## Recreation Commission

Maura Embler, Chair

Michael Martini

Paul Tobin

Joe Daly

Kevin Lonergan

**E-PRESTIGE TICKET**

**SHOWCASE  
CINEMAS**

## Discounted Movie Tickets

The Recreation Department sells discount movie tickets to the Showcase cinemas. The cost for each ticket is \$9.75 and they are valid anytime.

## Registration & General Information

### Payment

Payment must accompany all registrations. Checks should be made payable to Woburn Recreation. Mastercard, Visa, and Discover are also accepted. **During COVID-19 On-line registration is the preferred method of Registration! If you need to pay via check or cash please contact the Woburn Rec Dept to arrange an appointment.** If Registering for the first time with Woburn Recreation, you will need to create a household account. Please call 781-897-5805 if you need assistance. Non-Residents will not be allowed in our programs for this summer due to COVID-19

### Inclement Weather

Please check [woburnrec.com](http://woburnrec.com) for inclement weather updates on programs and fields operated by Woburn Recreation. We will update our website and send e-mails regarding program cancellations as soon as possible. It is also our policy that if Woburn Public Schools close due to weather related issues, our programs will also be cancelled. If we cancel a program we will do our best to make that scheduled class up that week.

### Refunds

Refunds, less the minimum \$10.00 non-refundable deposit, may be given to a participant who withdraws from a program two weeks or more prior to the start of the program. To be eligible for a refund, the request must be in writing to the Woburn Recreation Department. In cases of inclement weather or other unforeseen circumstances, refunds or program credits will not be given, however we will do our best to reschedule the program. Participants who withdraw from a program less than 5 business days prior to the start of the program are not eligible for a refund or credit. **Refunds or credits will not be given for early termination of a program by a participant. Program expenses have already occurred.**

### Financial Assistance

Please contact the Woburn Recreation Department to inquire about Financial Assistance. We offer payment plans for Woburn Residents.

### Participants Responsibility

We ask that all participants respect the staff, other participants, program equipment, age requirements, and facilities when participating in programs offered by Woburn Recreation. If participants fail to cooperate with the rules, Woburn Recreation reserves the right to dismiss or suspend a participant in any program without a refund.

### Course Confirmation

No confirmation for registering via fax or mail will be sent. A participant is registered ONLY when payment is received. If at any time, there are questions regarding your household account, please log onto [www.woburnrec.com](http://www.woburnrec.com) to view your household account history.

### Special Needs/Adaptive Recreation

Adaptive sports, recreation, and social programs are offered to youth and adults with intellectual and physical disabilities. The programs provide options for people with disabilities to participate in programs and activities that are specifically designed to meet their diverse needs.

Inclusion services are also available for any individual who may have a disability and is looking to participate in a program with support. If you have any questions about what type of program is right for you or your family member, please do not hesitate to contact the Woburn Recreation Department. **For planning purposes, we ask that if any child requires special assistance that you contact the Recreation Department 2 weeks prior to the class so that we have ample time to provide adequate assistance.**

### Cancellations

The Woburn Recreation Department reserves the right to cancel, postpone, or combine programs. Every effort will be made to notify participants if a program has been cancelled, changed, postponed or relocated due to space availability. The Recreation Department does not confirm program registrations.

*Recreation Office Located on the 1<sup>st</sup> Floor of City Hall*

*Hours: Monday – Wed 9:00am – 4:30pm*

*Thurs 9:00am – 7:00pm*

*Fri 9:00am – 1:00pm*

*(781) 897 - 5805*



## Family Programs

### Bouncing Beans – Sprouts (Ages 1-3)

Children learn through play! Bouncing Beans facilitates developmental playgroups where children and caregivers can learn and grow. Our playgroups are designed by a pediatric occupational therapist, and in addition to providing a consistent routine, groups may include movement-based activities, art, and sensory play. General tips to build upon developmental skills will be shared throughout the session.

The Sprouts Group: facilitated for toddlers (1-2 years) and preschoolers (3 years), with a caregiver present (babies/siblings welcome, please share their age when registering). This group provides a consistent routine with a variety of activities related to a theme, and allows for practice with transitions, taking turns, and sharing. Simple sign language and a visual schedule will be introduced.

#### Class Information

**Dates:** Wednesdays, October 4<sup>th</sup> – November 8th

**Time:** 11:00 – 11:45am

**Location:** Spence Farm

**Instructor:** Allison Osipow MA, MS, OTR/L

#### Pricing

1 Class: \$24

3 Classes: \$70

4 Classes: \$90

5 Classes: \$110

6 Classes: \$130



### Parent & Me Creative Rock Painting

During this class Parents and Children will design some ROCK ART! Lady bugs, frogs, lilly pads, cacti, or create your own designs. Various size smooth rocks, paint, paint pens, hot glue, mini clay pots and more will be available to use!

*All ages*

**Date:** 9/22/23

**Time:** 6:30 – 8:00pm

**Cost:** \$50, covers both painters!

**Location:** Spence Farm

**Instructor:** Annemarie Bianchi



### Parent & Me Two Tree's Painting

Calling all artists! Let's get those creative juices flowing! In this 90 min class parents & children will create an original canvas painting. The Instructor will guide the process step by step while leaving plenty of room for individual creativity.

**\*\*Each person will have their own canvas**

**Date:** 9/29/23

**Time:** 6:00-7:30pm

**Cost:** \$50, covers both painters!

**Location:** Spence Farm

**Grades:** K-8

**Instructor:** Annemarie Bianchi



### Parent & Me Halloween Mason Jar Crafts

Calling all artists! Let's get those creative juices flowing! In this 90 min class parents & children will create original Halloween Mason Jars. The Instructor will guide the process step by step while leaving plenty of room for individual creativity.

**\*\*2 different mason jar creations per person!**

**Date:** 10/20

**Time:** 6:00-7:30pm

**Cost:** \$50, covers both painters!

**Location:** Spence Farm

**Grades:** K-8

**Instructor:** Annemarie Bianchi



### Parent & Me Apron Designing

Calling all artists! Let's get those creative juices flowing! In this 90 min class parents & children will get creative and design their own original apron. The Instructor will guide the process step by step while leaving plenty of room for individual creativity.

**\*\*1 Apron per person (Child & Adult Sizes!)**

**Date:** 11/17

**Time:** 6:00-7:30pm

**Cost:** \$50, covers both painters!

**Location:** Spence Farm

**Grades:** K-8

**Instructor:** Annemarie Bianchi



## Youth Programs

### Amazing Athletes

Amazing athletes are active classes that encourage kids to explore and develop a variety of athletic skills through the introduction of 10 different sports. Coaches break the fundamentals of each sport down into simple steps based on each child's age and ability. The goal is to create a fun environment that establishes lifetime connections to sports and physical activity.

**Session 1:** 9/17-10/29\**No class 10/8* (Outside)

**Session 2:** 11/19-12/17\**No class 11/26* (Inside)

**Ages 3-4:** 9:00 – 9:45am

**Ages 5-7:** 9:50 – 10:40am

**Cost:** Session 1 \$150, Session 2 \$110

**Location:** Shamrock Elementary

### Cardio Dance Kids

This exciting class provides an outlet for kids to burn off their limitless energy, while inspiring creativity and developing coordination and confidence. Kids will have a blast bopping and grooving to their favorite songs while building up their fitness level, as well as making new friends!

**Ages 4-7:** 10/6 – 11/10, 4:45-5:30pm

**Ages 8-12:** 11/7 – 12/12, 4:45-5:30pm

**Cost:** \$40      **Location:** Spence Farm

### Kids Test Kitchen

Kids' Test Kitchen is on a mission to get young eaters cooking, tasting, and thinking about healthy ingredients! Let's continue to redefine kid food; one lesson, and one child at a time!

Each class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, working as a team, we'll slice, dice, peel, measure, and cook until we've prepared the finished dish. At the end of class your aspiring chef will receive the main ingredient, or a sample of the finished dish, and the recipe so that they can show off what they've learned!

**Dates:** 10/10 – 11/14      **Time:** 3:30-4:30pm

**Grades:** 1-5

**Cost:** \$140

**Location:** Spence Farm

### Boys Learn to Play Lacrosse (K-2)

Interested in learning how to play lacrosse? Or does your son have some lacrosse experience and he LOVES the game? If so this program is for you!

This program is for Boys in Grades K-2 and is focused on skill and fundamental development in a fun, up tempo environment. This program only requires a stick! Don't have one? Don't worry, we have some extras that you can borrow.

**Dates:** 9/13-10/18

**Time:** 5:15 – 6:15pm

**Grades:** K-2

**Cost:** \$50

**Location:** Whispering Hill

### Karate

Our Martial Arts program will arm your child with a host of positive mental and physical skills that will help him/her in School, at home and in life. We stress the importance of respect, academic achievement, nutrition, fitness and so much more! We present traditional Martial Arts in a strict and structured yet still fun manner so kids will learn there's a time to play and a time to work hard. We believe in every child and expect the best from each student. The program teaches self-defense, anti-bullying techniques and the awarding of new Belts gives each child a sense of accomplishment and goal setting. ***Each child will receive a free uniform and Belt!***

**Session 1:** 9/9 – 12/2/23

**Session 2:** 1/6/24 – 3/30/24

**Time:** 9:30 – 10:15am

**Ages:** 5-12

**Cost:** \$190

**Location:** Steve Nugent Karate  
1 Lowell Ave, Winchester MA



Woburn



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Woburnrec

Recreation

## Youth Programs

### Little Dragons Karate

Our Little Dragons (3 and 4) program focuses on listening skills, the importance of respecting our parents and teachers, healthy life-styles and gross motor skills in the Martial Arts such as jumping, stretching, balancing on one foot and more. All this while making the introduction to Martial Arts fun! Price includes uniform, belts & patches.

**Session 1:** 9/9 – 12/2/23

**Session 2:** 1/6/24 – 3/30/24

**Time:** 9:00 – 9:30am **Ages:** 3 & 4

**Cost:** \$190

**Location:** Steve Nugent Karate  
1 Lowell Ave, Winchester MA

### Super Soccer Stars

Set in a fun, non-competitive environment, we offer age-specific programs which introduce children to the fundamentals of soccer through creative programming and imaginative games. Our dynamic coaching staff, consisting of early childhood, education, and soccer specialists, utilize a unique curriculum which is crafted to improve soccer skills, build self-confidence, and develop socialization skills.

*\*Children should bring their own soccer ball*

**Session 1:** 9/16-10/28\***No class 10/7** (Outside)

**Session 2:** 11/18-12/16\***No class 11/25** (Inside)

**Ages 2-3 Parent & Me:** 9:00 – 9:40am

**Ages 3-4.5:** 9:45 – 10:30am

**Ages 3-4.5:** 10:35 – 11:20am

**Ages 4.5-5:** 11:25 – 12:15pm

**Ages 4.5-5:** 12:20 – 1:15pm

**Cost:** Session 1 \$150 (6 Weeks)

Session 2 \$110 (4 Weeks)

**Location:** Shamrock Elementary

### Middle School Cross Country

If your child loves to run then this is the program for them. This program introduces kids to the sport of cross country. The program begins on Friday, October 6th from 4:00 – 5:00pm and runs for 5 weeks! Class will meet outside the front of the Joyce Middle School. Children will be running around the Joyce complex for all of the classes. Students will be properly supervised at all times!

**Dates:** 10/6 – 11/3/23

**Time:** 4:00 – 5:00pm

**Grades:** 6 – 8 **Cost:** \$50

**Location:** Joyce Middle School

### Youth Climbing @ Central Rock Gym

Our youth climbing clinic is a great first step for younger participants interested in learning about the sport of climbing in a fun, low-stress environment. In this program, the coaches will introduce our participants to the skills and concepts that climbers need to build a solid foundation for climbing growth. The youth clinic strives to open the door for youth climbers to become comfortable in the gym and make lasting friendships. The coaches will use a mix of climbing instruction and team-building games to facilitate each practice. Clinic participants will learn climbing vocabulary, techniques, and body awareness, all in an inviting environment.

**Dates:** 9/17 – 11/12/23

**Time:** 11:30am – 1:30pm

**Ages:** 7-12

**Cost:** \$280

**Location:** Central Rock Gym  
10 Adam Road, Stoneham MA

### Youth Martial Arts & Jujitsu

Learn self-control, discipline and learn how to protect yourself! Develop self-confidence, self-control, self-esteem. A fun program and perfect for beginners!

**Dates:** 9/12 – 11/7/23

**Time:** 5:30 – 6:30pm

**Grades:** 3 – 6

**Cost:** \$170

**Instructor:** Ed Melaugh 9th Degree Black Belt

**Location:** New England Small Circle Jujitsu  
2 Merrill Street, Woburn MA



## Adaptive Recreation Programs

Any new participant must have an intake form submitted to the Woburn Recreation Department 2 weeks prior to starting a program. You can access the Intake Form on the registration page of the program you are interested in. You must be registered 2 weeks prior to a program beginning so we can properly plan for staff.

### Bowling

Join us for some Bowling at the Woburn Bowladrome! This program will be adapted to the needs of each individual.

**Dates:**

**Time:**

**Ages:** 1

**Cost:**

**Location:**

*Stay Tuned.*  
Coming Soon!

### Open Swim

Open Swim at the Woburn Boys & Girls Club! For the Open Swim parents of children 10 and under must stay with their children. If your child is unable to swim a parent must be in the pool with them at all times.

**Dates:**

**Times:**

**Ages:** 2

**Location:**

*Stay Tuned.*  
Coming Soon!

### Friday Night Movies

We will be hosting a movie night on Friday nights at Spence Farm! All you need to bring is a bag chair and we will provide the snacks and drinks!

**Days:** Friday Nights

**Dates:** October 27<sup>th</sup>, November 10<sup>th</sup>

**Ages:** 5 - 30

**Location:** Spence Farm

**Times:** 6:00 – 7:30pm

**Cost:** \$10 each night

### Social Club

Join us for Arts & Crafts, Fun games, music, and much more! Each Social Club will be themed towards events happening that month.

**Days:**

**Dates:**

**Ages:** 6

**Location:**

**Cost:** \$

**Times:**

*Stay Tuned.*  
Coming Soon!

### Challenger Basketball

A Basketball league for children with disabilities. Every player on the roster plays in the game, and no score is kept. Participants will have the option to use a “buddy” to help them in the game.

**Dates:** 12/5 – 2/20/24 (Tuesdays)

**Ages:** 10 & Up

**Location:** White Elementary School Gym

**Times:** 5:30pm – 6:15pm

**Cost:** \$20

### Launch Trampoline Park

We will be going to Launch Woburn for an hour jump!

We are looking at two dates (October 17<sup>th</sup> & November 21<sup>st</sup>) for 5:30-6:30pm Jump times.

**Dates:** October 17<sup>th</sup>

November 21<sup>st</sup>

**Ages:** 6-30

**Cost:** \$20

**Location:** Launch Woburn



## Adult Recreation

### Adult Paint Night: Welcome or Home Craft Sign

Join us at Spence Farm to create your own Welcome or Home Sign!

**Date:** 11/9/23

**Time:** 6:30 – 8:30pm

**Cost:** \$35

**Location:** Spence Farm

**Instructor:** Annemarie Bianchi



### Barre Method (Online Program)

Barre is a fun, full body workout, great for all fitness levels. Come see what everyone is talking about! Based on Pilates, Yoga, sculpting and dance; Barre will tone your seat, abs, thighs and arms. You will strengthen your back and legs. Class may include the use props such as light weights, a small ball and flex band. Come get a great workout wearing comfortable clothes with water and your mat.

**Session 1:** 9/12 – 11/14/23

**Session 2:** 12/5 – 2/6/24

**Time:** 6:30 – 7:25pm

**Cost:** \$75

**This Program is held on ZOOM. Links to class are emailed to participants.**

### Fitness Kickboxing “The Fun Workout”

A fun way to get in shape and have fun doing it. Learn to Punch and Kick it's a great workout plus the added core work, strength, cardio, stretching. Lose weight and tone your body and FEEL GREAT!! Taught by seasoned martial arts and fitness Professionals. Move your body to some awesome music. Workouts differ so you never get bored!

**To schedule your 10-week session please contact New England Small Circle Jujitsu and ask for Ed. Morning & Evening classes available! You can start your 10 weeks at any time!**

**Ages:** 16 & Up

**Cost:** \$140

**Location:** New England Small Circle Jujitsu

**Contact:** 781-932-9366

### Adult Self-Defense & Jujitsu

This adult self-defense program is great for women and men. Learn how to protect yourself and your family! Develop the confidence to handle different types of confrontations! Small Circle Jujitsu doesn't require strength but leverage and the knowledge to expose the attacker's weaknesses and take advantage of to stop them and get away safely.

**To schedule your 10-week session please contact New England Small Circle Jujitsu and ask for Ed. Morning & Evening classes available! You can start your 10 weeks at any time!**

**Ages:** 16 & Up

**Cost:** \$209

**Location:** New England Small Circle Jujitsu

**Contact:** 781-932-9366

### Cardio Dance Fitness

Come dance through the decades with this fun, upbeat class celebrating music of the past and present! This high-energy but easy to follow choreography will get your heart rate up and keeps you coming back for more! All levels welcome.

**Session 1:** 9/12 – 10/17/23

**Session 2:** 11/7 – 12/12/23

**Time:** 6:00 – 7:00pm

**Cost:** \$40

**Location:** Spence Farm

### Gentle Mindful Yoga

De-stress with Gentle Mindful Yoga! This class is designed to leave you calm while allowing you to stretch and strengthen your body. Emphasis is on building awareness of the breath and body, while building heat, strength and flexibility. Appropriate for all levels. **\*\*Yoga mat needed.**

**Dates:** 9/21 – 11/2/23 *\*NO classes on 9/28 or 10/26*

**Time:** 6:30 – 7:30pm

**Cost:** \$100

**Location:** Spence Farm



### **Moving Meditation using Tai Chi & Qi Gong with Kevin**

Come out and have fun with Instructor Kevin O'Malley learning moving meditation using Tai Chi and Qi Gong, which improves your: balance, strength, health, flexibility, focus & reduces stress. In addition, learn breathing techniques for relaxation!

**Session 1:** 9/18 – 10/23/23

**Session 2:** 11/6 – 12/11/23

**Time:** 5:30 – 6:30pm

**Cost:** \$50

**Location:** Spence Farm

### **Weather Wisdom**

Have you ever asked yourself, what's up with all this weird weather we're having this year? Are you interested in how the weather works, and what drives our crazy, but always interesting New England "wait a minute" weather? Come enjoy this fun, NO STRESS weather course! Lots of easy, fun hands-on activities, informative videos, a guest speaker by a weather historian, and a field trip to the Blue Hill Observatory, the oldest, continuously operating weather observatory in country!

**Dates:** 10/17 – 12/12/23

**Time:** 7:30 – 9:00pm

**Cost:** \$50 Adult, Child: \$20

**Location:** Spence Farm

### **Wind Down Yin Yoga**

The perfect end to your day. This slow-moving class will guide you through movements designed to unpack the day and reset your mind body balance. In typical Yin fashion poses are held longer to allow the body to find a deep sense of surrender. Expect a full body experience coupled with breathwork and guided meditation that will leave you grounded and balanced. Recommended for all levels.

**\*Yoga Mat is required**

**Session 1:** 9/13 – 10/21/23 *\*NO class 9/20*

**Session 2:** 10/25 – 11/22/23 *\*NO class 11/15*

**Time:** 7:00 – 8:00pm

**Cost:** \$40

**Location:** Spence Farm

### **Zumba**

Tired of the same old workout? Zumba is a Latin-based, dance fitness party that will keep you moving. Feel the music and let loose! Beginners are welcome.

**Dates:** 9/21 – 12/14/23 *\*NO class 11/23*

**Time:** 9:00 – 10:00am

**Cost:** \$178

**Location:** Spence Farm

## **On the Mark Archery**

### **Archery for Kids (Gr. 4-8)**

Join On the Mark Archery and learn the martial art of archery using beautiful wooden recurve bows to focus more on the form and technique rather than just the aiming. Build character, self-esteem and confidence with each triumph and tribulation on the range as you work hard to achieve consistent success! Unique lesson plans implement skill building drills with unique games that include prizes to keep students engaged throughout the program. All equipment provided and class is led by teams of certified USA Archery instructors.

### **Archery for Adults (Gr. 9 – Adult)**

Release stress with arrows! Relax and unwind after a long day at work and sign up for a low-impact fitness course like Archery. This unique Olympic sport is one of the fastest growing across America and is easy to learn, but difficult to master. The thrill of shooting a bow is unlike any other body mind experience and it involves form elements and strategy similar to golf, yoga, martial arts and even chess! All equipment is provided and this course is led by certified USA Archery instructors.

**SESSION 1:** 9/12 – 10/3

**SESSION 2:** 10/10 – 11/7

**SESSION 3:** 11/14 – 12/5

**For ALL Sessions:**

**Days:** Tuesdays

**Time:** 5:30-6:30pm

**Cost:** \$145

**Locations:** Sessions 1 & 3 Mary Cummings Park, Session 2 Rotary Field Burlington MA



**Register online at [www.woburnrec.com](http://www.woburnrec.com)**

### Birdie, Chip & Putt: Intro to Golf

Golf is a lifelong sport. The smell of the fresh-cut grass, the crisp morning air, the feeling of the perfect tee shot -- it's not hard to love a few hours on the greens. But what makes golf even better is playing with friends and loved ones. We can't promise that we will produce the next pro golfer in our program, but we can guarantee that your children will have lots of fun, be introduced to traditional golf grips and hitting stances, and get a little practice with putting and chipping. Using the U.S. Kids Golf Early Start Program, each class will consist of short lessons followed by small group activities. Our goal is to introduce the children to the game of golf in a fun and interactive way so they can join you on the greens one day!

**Dates:** 9/19 - 10/17/23

**Ages:** 3-5

**Time:** 3:30-4:30pm

**Cost:** \$119

**Location:** Spence Farm

### Little Big Leaguers

Come join the Sports Zone 101 coaches as we teach the basic skills and movements needed to play baseball. We will instruct all kids on how to hold the bat correctly, hit the ball off a tee, field a ball, throw a ball, and learn how to become an awesome teammate! We will spend time getting to know each other, learn more about the way our bodies move, and explore new ways to stay active and have fun doing it! We will help develop your child's sensory and gross motor skills in our exciting 3-5 year Little Big Leaguer program!

**Dates:** 9/19 -10/17/23

**Ages:** 3-5

**Time:** 4:30-5:30pm

**Cost:** \$119

**Location:** Spence Farm

### Pokémon Battle Club

Gather up your Poke balls, muster your courage, and prepare your mind for the ultimate test of your Pokémon trainer abilities. Throughout this class, you will go head-to-head with other Pokémon trainers to determine who will become the Gym Master and take home the Grand Prize of 10 Pokémon booster packs. We will cover some basic Pokémon Trading Card Game strategy, but this class is intended for participants who have a basic knowledge of Pokémon the Trading Card Game. Trainers do not need to bring their own battle decks, but it is suggested. *In class trading will also be allowed with direct approval of class teachers to ensure fair trade practices.*

**Dates:** 9/18 -10/16/23

**Grades:** K-5

**Time:** 3:30-4:30pm

**Cost:** \$119

**Location:** Spence Farm

### Fantasy Football Showdown

The world of fantasy sports continues to grow, and while it is no exact science, there is much to learn from an in-depth look at fantasy sports. This program will give children the opportunity to own and operate their own fantasy sports team in the Sports Zone Fantasy Sports League, while also reinforcing in-class learning like mathematics, geography, critical thinking, and more.

Each week we will take our students through a focused discussion of current events in sports, walk them through potential moves they may want to make in their teams, and teach the basic operations of professional sports teams. This program is classroom based and requires the use of student, or school supplied technology. ***Students can bring their iPad or iPhone for this program!***

**Dates:** 9/18 -10/16 /23

**Grades:** K-5

**Cost:** \$119

**Time:** 4:30-5:30pm

**Location:** Spence Farm

### Ultimate Nerf Showdown

#### All New Format & Challenges

Come test your individual and team effectiveness as a participant in our Nerf program! This awesome program puts a fresh spin on traditional games like Capture the Flag, King of the Hill, and Zone Wars, while also allowing participants to get great exercise, learn strategic planning skills, and make new battle-tested friends. We use Nerf X-Shot and Nerf Dart style equipment. Participants will play different games throughout the day, with individual and team-based challenges, so there is always something new and exciting to strive for. We will also have all sorts of inflatable bunkers and other fun objects for the students to strategize their missions.

**NERF SHOWDOWN COURSE:** Kids will enjoy our inflatable bunker course which help to protect and hide behind in your missions! All Nerf equipment and obstacles are sanitized before and after use. Kids can bring their own equipment so long as it's labeled properly! *Kids Should Bring: Water, Comfortable Shoes!*

**Session 1:** 9/22 -10/20/23

**Grades:** 2-5

**Time:** 3:30-4:30pm

**Cost:** \$119

**Location:** Spence Farm

## Ceramica Paint Studio Clay Hand Building Classes



### CLAY HAND BUIDLING AGES 4 – 6

**Dates:** 9/21 -11/2 /23

**No class 10/5/23**

**Ages:** 4 - 6

**Cost:** \$166

**Time:** 3:00-4:00pm

**Location:** Spence Farm



**Project 1:** Haunted Hat: Molding and slabs will be our technique for this cute hat



**Project 2:** Friendly Ghosts: We will roll slabs and mold little ghosts for the holiday.

#### 3rd class Painting



**Project 3:** Colorful Monsters: Using the pinch-pot technique and sculpture we will explore creativity and color!



**Project 4:** Fancy Owls, This project will showcase attention to detail, using a combination of techniques.

#### 6th class Painting



### CLAY HAND BUIDLING AGES 7 – 12

**Dates:** 9/21 -11/2 /23

**No class 10/5/23**

**Ages:** 7 - 12

**Cost:** \$202

**Time:** 4:30-6:00pm

**Location:** Spence Farm



**Project 1:** Fall candle holder: We'll create a candle holder with inspiration from nature and use leaves as templates.



**Project 2:** Candy Corn Lantern: with the pinch pot and slab technique we'll create a beautiful Halloween lantern for the season

#### 3rd class Painting



**Project 3:** Ghost Dish; with a combination of techniques we'll create this candy dish just in time for Halloween.



**Project 4:** Owl Dish: this little dish will be a favorite fall dish using slabs and sculpture.

#### 6th class Painting

Register online at [www.woburnrec.com](http://www.woburnrec.com)



### LEARN **SPANISH** at the **WOBURN RECREATION**



**Spanish Fun Program for Babies to Toddlers"** I use games with balloons, flashcards, toys, songs to learn the parts of the body, we pretend to be in "el mercado", the grocery store and we buy fruits and vegetables, also kiddos learn the colors using this game too. They love to play with the parachute and I use it to teach them the days of the week, and the months of the year. They play, jump, and run following directions in Spanish to mention a few. This class is very active, with different activities to engage the kids for 30 minutes.

**Classes start in October**

**Sundays: 10/15, 10/22, 10/29,  
11/5, 11/12, 11/19**

**9:30 am - 10 am**

**Spence Farm, Woburn**

**Classes are for babies to 5 years**



### LEARN **SPANISH** at the **WOBURN RECREATION**



Students will begin to develop confidence talking, reading and writing in **Spanish**. Students could immerse themselves into a **Spanish class** in which all the time is spent hearing and speaking **Spanish**, playing bingo, singing, dancing to Hispanic music, learning facts about the specific Hispanic country, its flag, traditions, culture, food, music, weather, location, and more. Every student will complete one project during each unit. These projects will allow students to demonstrate their mastery of the **Spanish** language concepts taught in this course. In November hands-on project "**Celebration of Day of the Dead**" Students will make an altar and taste Pan de Muerto (traditional Bread for this Holiday)

**Classes start in October**

**Sundays: 10/15, 10/22, 10/29,  
11/5, 11/12, 11/19**

**10:15 am - 11 am**

**Spence Farm, Woburn**

**Classes are for 6 -10 years old**

**Esther Gomez**  
spanishfunprogram@hotmail.com

781-470-2030

spanish\_fun\_program





# **Woburn Recreation Public Skating Schedule 2023 - 2024**



**@ O'Brien Ice Rink (55 Locust St)**

**\$4.00/per skater**

**Skate Rentals: \$5.00 per pair**

**Children under 6 and beginner skaters must have an adult with them on the ice at all times.**

**\*\*We strongly encourage the use of Helmets\*\***

Sunday	October 8, 2023	9:20am - 10:20am
Sunday	October 15, 2023	9:20am - 10:20am
Sunday	October 22, 2023	9:20am - 10:20am
Sunday	October 29, 2023	9:20am - 10:20am
Sunday	November 5, 2023	9:20am - 10:20am
Friday	November 24, 2023	12:10pm - 1:10pm
Sunday	December 24, 2023	2:00pm - 3:00pm
Tuesday	December 26, 2023	1:30pm - 2:30pm
Wednesday	December 27, 2023	1:30pm - 2:30pm
Thursday	December 28, 2023	1:30pm - 2:30pm
Friday	December 29, 2023	1:30pm - 2:30pm
Sunday	December 31, 2023	11:40am - 12:40pm
Monday	January 1, 2024	2:00pm - 3:00pm
Monday	January 15, 2024	11:00am - 12:00pm
Monday	February 19, 2024	1:30pm - 2:30pm
Tuesday	February 20, 2024	11:00am - 12:00pm
Wednesday	February 21, 2024	1:30pm - 2:30pm
Thursday	February 22, 2024	11:00am - 12:00pm
Friday	February 23, 2024	1:30pm - 2:30pm
Saturday	February 24, 2024	11:40am - 12:40pm

**Advance Ticketing is available for all Public Skate sessions listed! Advanced Ticketing can be purchased through the Recreation Department website for \$5.00 per skater. You can also pay the day of the skate (CASH ONLY) for \$4.00 per skater.**

**Purchase tickets at [www.woburnrec.com](http://www.woburnrec.com)**

# Outdoor Movie @ Library Park



**SUNDAY SEPTEMBER 24<sup>th</sup>**

**LED Screen!**

**Movie begins 5:00pm**

