



## **GIRLS ON THE RUN** **IS SO MUCH FUN!!** *More than a running program!*

- Girls have fun making connections and meeting new friends
- Girls get outside, set goals and move more
- Girls learn intentional decision making, how to use their voice and become confident leaders

**Girls On The Run Is For EVERY Girl**

**REGISTER NOW ONLINE**  
**GIRLSONTHERUNBOSTON.ORG**

REGISTRATION INCLUDES:

20 Interactive lessons with trained coaches

Personal kits with materials for the season including a branded shirt, water bottle, & activity journal

Entry into the Celebratory 5K and a commemorative finisher's medal & more!

**Join us at**  
**Spence Farm Stand - Woburn**  
**this Season!**

Registration Opens: Currently Open  
Girls in Grades: 3<sup>rd</sup>-5<sup>th</sup>  
Program Days: Sun/Thu: 3:30 – 5:00 PM  
Program Starts: March 26th  
Program Ends: June 10th  
Program Location: Spence Farm Stand  
Program Fee: \$225

Financial Assistance is Available

Contact: Brian Nagle,  
bnagle@cityofwoburn.com

