



## **GIRLS ON THE RUN** **IS SO MUCH FUN!!** *More than a running program!*

- Girls have fun making connections and meeting new friends
- Girls get outside, set goals and move more
- Girls learn intentional decision making, how to use their voice and become confident leaders

**Girls On The Run Is For EVERY Girl**

**REGISTER NOW ONLINE**  
**GIRLSONTHERUNBOSTON.ORG**

REGISTRATION INCLUDES:

21 Interactive lessons with trained coaches

Personal kits with materials for the season including a branded shirt, water bottle, & activity journal

Entry into the Celebratory 5K and a commemorative finisher's medal & more!

**Join us at**  
**Spence Farm Stand**  
**this Spring Season!**

Registration Opens: Tuesday 3/1  
Girls in Grades: 3rd-5<sup>th</sup>  
(Woburn Residents only)  
Program Days: Sun/Wed 3:30-5pm  
Program Starts: Sunday 4/3  
Program Location:  
Program Fee: \$225

Financial Assistance is Available

Contact: Michaela Quigley,  
maquigley0318@gmail.com



**SPRING SEASON MAR 27 - JUNE 11**