

Woburn Recreation Department Spring & Summer Brochure 2016



Receive \$5 off
per Recreation Summer
Program. Only the Morning or
Afternoon Programs qualify.
Must be registered by May 31st !
*Only programs run directly by Woburn Recreation.
Excludes Pool Passes, Science & Arts Programs

Early Bird Registration!
Saturday April 16th
10:30am – 12:30pm
@ Health & Wellness Fair
Woburn High
Summer registration begins
Online: May 1st
Office Registration: May 2nd

Do not worry if you are unable to make the Early Bird
Registration you may register online on May 1st or at
the Recreation Office beginning May 2nd at 9am!

Woburn Recreation Department

10 Common Street, Woburn MA 01801
(781) 897- 5806 www.woburnrec.com



www.woburnrec.com

For latest updates and more information visit our website!

3rd Annual Woburn Recreation Community:



FREE Health & Wellness Fair

Saturday, April 16th

10AM - 1PM

**Woburn Memorial High School
88 Montvale Ave**



Community Yard Sale

Saturday April 30th

9:00 – 1:00

If you would like to participate in our Community Yard Sale and place your house on our map we have applications at the Recreation Office. The cost is \$10 to put your home on the map. All forms must be received by April 22nd to guarantee your yard sale on the map. Maps will be available by April 27th online or at the Recreation Office

Mission Statement

The Mission of the Woburn Recreation Department is to promote the health and welfare of the citizens of Woburn by providing safe, affordable, and most importantly enjoyable Recreation Programs.



Discount Movie Tickets



The Recreation Department will be selling discount movie tickets to the Showcase cinemas. The cost for each ticket is \$8.50 and they are valid anytime.

Please call or e-mail before you come in to get your movie tickets to ensure that we have enough for your group!

rlindstrom@cityofwoburn.com

(781) 897-5805

Recreation Commission

Gene Demers, Chairman

Michael Martini

Timothy Lawton

Paul Tobin

Kevin Lonergan

Registration & General Information

Recreation Office Located on the 1st Floor of City Hall

Hours: Monday - Wed 9:00am - 4:30pm Thurs 9:00am - 7:00pm Fri 9:00am - 1:00pm
(781) 897- 5805

Payment

Payment must accompany all registrations. Checks should be made payable to Woburn Recreation. Mastercard, Visa, and Discover are also accepted. If choosing to register on-line, please visit www.woburnrec.com On-line registration is the preferred method of Registration!

If Registering for the first time with Woburn Recreation, you will need to create a household account. Please call 781-897-5805 if you need assistance. Non-Residents are charged an additional \$10 fee on each program.

Financial Assistance

Please contact the Woburn Recreation Department to require about Financial Assistance. We offer payment plans for Woburn Residents. Family Discounts are available!

Refunds

Refunds, less the minimum \$10.00 non-refundable deposit, may be given to a participant who withdraws from a program two weeks or more prior to the start of the program. To be eligible for a refund, the request must be in writing to the Woburn Recreation Department. In cases of inclement weather or other unforeseen circumstances, refunds or program credits will not be given, however we will do our best to reschedule the program. Participants who withdraw from a program less than 5 business days prior to the start of the program are not eligible for a refund or credit.

Refunds or credits will not be given for early termination of a program by a participant. Program expenses have already occurred.

Cancellations

The Woburn Recreation Department reserves the right to cancel, postpone, or combine programs. Every effort will be made to notify participants if a program has been cancelled, changed, postponed or relocated due to space availability. The Recreation Department does not confirm program registrations.

Participants Responsibility

We ask that all participants respect the staff, other participants, program equipment, age requirements, and facilities when participating in programs offered by Woburn Recreation. If participants fail to cooperate with the rules, Woburn Recreation reserves the right to dismiss or suspend a participant in any program without a refund.

Inclement Weather

Please check woburnrec.com for inclement weather updates on programs and fields operated by Woburn Recreation. We will update our website and send e-mails regarding program cancellations as soon as possible. It is also our policy that if Woburn Public Schools close due to weather related issues, our programs will also be cancelled.

Course Confirmation

No confirmation for registering via fax or mail will be sent. A participant is registered ONLY when payment is received. If at any time, there are questions regarding your household account, please log onto www.woburnrec.com to view your household account history.

Special Needs

Participants with Special Needs are encouraged to attend all of our programs. Staff members are sensitive to their needs and will do everything possible to assist. If you are unsure about program registration please call regarding specifics. **For planning purposes we ask that if any child requires special assistance that you contact the Recreation Department 2 weeks prior to the class so that we have ample time to provide adequate assistance.**

DCR Parks Pass

Woburn Recreation has joined the Department of Conservation and Recreation's (DCR) "Use Nature as Your Guide" program. The Recreation Department now currently has 1 Park pass that Woburn Residents can borrow and use to park free at any of the 50+ Outdoor Recreation areas in the state. The Parks Pass is available for residents to borrow on a first-come, first-serve basis. Residents must come down to City Hall to borrow and sign out the pass for a 24 hour period Monday through Wednesday or on Thursday for the weekend. Residents are encouraged to call the office to make sure the pass is available.

This park pass is valued at \$35 for Mass residents if they were to purchase one on their own. The pass can save residents around \$2 - \$10 on the parking fee at facilities.

The Recreation Department has a map of all of the available Massachusetts Outdoor Recreation areas if needed. For a listing of areas that charge a parking fee, visit the DCR website at:

www.mass.gov/dcr/parkspass.htm#facilities



Spring Adult Evening School

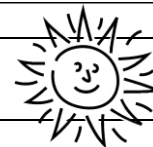


Just a reminder that the Woburn Recreation Department runs the Woburn Adult Evening School at Woburn High School. We will continue to offer a variety of courses for adults to take. The full brochure is available online at www.woburnrec.com. The Spring session for a lot of the classes has already begun however if you are interested in trying out one of our fitness classes to see if you may want to register for the class please let us know and we can arrange that for you! The Brochure for the fall session will be available in August/September.

<p><u>Fitness Classes</u></p> <ul style="list-style-type: none"> • Drums Alive *New • Couch to 5k • Barre Method • Total Body Conditioning • Sit Better- Feel Better • Zumba • Yoga • Yoga Chair & Mat 	<p><u>Health & Wellness</u></p> <ul style="list-style-type: none"> • Food for Fuel • Freedom from Food Cravings • Hospice Volunteer Training 	<p><u>Just For Fun</u></p> <ul style="list-style-type: none"> • Photography • Picture Framing • Basic Fiction • Learning Art, Drawing, Painting • Intro to Woodworking • Cake Decorating • Writing for Film & TV • Woburn's Open Spaces • Finding Bargain Treasures at Yard Sales & Craigslist • Seashell Crafting
	<p><u>Language</u></p> <ul style="list-style-type: none"> • ESL- Beginning Level • ESL 2 – Intermediate Level 	
	<p><u>Just For Fun</u></p> <ul style="list-style-type: none"> • Deception in your everyday Life • New England's Wild, Wacky Weather 	



Spring Youth Programs



Baton Twirling

Is your Little Adventurer looking for fun and excitement? Watch your child take to the high seas as a swash buckling pirate, or jetting of into space, saber in hand. We will use music, props and our imaginations for maximum fun and ongoing skill development through creative movement, fun activities and laughter.

Instructed by Tracey Gangi Johnson

Ages: 2.5 - 5

Days: Tuesdays beginning May 3rd (5 Weeks)

Time: 10:30am – 11:00am **Cost:** \$30

Location: Library Field

***Parents must stay this is not a drop off program**

Beat Bullying

Bullying is a behavior that is intentional, repetitive, and hurtful. An imbalance of power exists between the child who is bullying and the intended target. Bullying is never okay. In this class, children will learn direct and indirect techniques that will help them deal with a bully effectively.

Instructed by Steve Nugent & Staff

Ages: 6 – 12 **Date:** Saturday April 30th

Time: 1:00pm – 2:00pm **Cost:** \$20

Location: Steve Nugent Karate 149 Cross St, Winchester

Yoga for Kids

This great intro to basic yoga poses encourages and develops flexibility, confidence, awareness, motor skills and physical fitness all disguised as fun and play! Bring a mat and water bottle.

Instructed by Rachel Epstein

Ages: 5 – 12 **Time:** 3:45pm – 4:45pm

Days: Wednesdays beginning April 27th (6 weeks)

Location: Goodyear **Cost:** \$65

Zumba for Kids

Zumba Kids is a modified version of Zumba fitness. Dance moves and Latin music are used to make fitness fun. Zumba for kids is designed to improve motor coordination and listening skills. Kid approved dance moves make these group classes “exercise in disguise.”

Instructed by Patricia Lally

Ages: 6 – 12

Days: Thursdays beginning April 28th (6 Weeks)

Time: 4:00pm – 5:00pm

Cost: \$ 30(6 Weeks) program

Location: Goodyear Elementary School

First Aid Basics & Junior Life Saving Course

This is a course for Elementary Aged Students. Some of the first aid/medical topics include: Diabetes, seizures, fainting, falls, cuts, head injuries, tooth injuries, eye injuries, heart attacks/strokes, bruises and scrapes, and of course choking. And also a brief introduction into CPR and using an AED.

Instructed by Nathan Driscoll

Date: Saturday April 30th

Time: 10:00am – 11:30am **Grades 1 – 5**

11:45am – 1:15pm **Grades 6 - 8**

Location: Goodyear Elementary School **Cost:** \$20

Preschool Sports

Pre-school aged children will get the opportunity to participate in fun games such as kickball, parachute games, red light green light and more fun activities.

Ages: 3 - 5

Days: Wednesdays Beginning May 18th (4 Weeks)

Time: 3:15 – 4:00

Location: Library Field **Cost:** \$ 30



Spring Youth Programs



Intro to Boxing

In this Intro to boxing class held at MK Boxing students will have the opportunity to learn the sport of boxing. Benefits of the class are: Self- Confidence, coordination, self- discipline, cardio, strength, & weight loss control. New students will receive boxing gloves at a small cost.

Grades: K - 8

Days: Tuesdays Beginning April 26th (8 Weeks)

Times: 3:45 – 4:30 (Gr K – 4) 4:30 – 5:15 (Gr 5 – 8)

Cost: \$159 for new students & \$139 for returning

Location: MK Boxing facility in Woburn 116 Cummings Pk

Soccer

This soccer program teaches the FUNDamentals of soccer using a fun and energetic curriculum that has been tailored to work for each specific age group. Cleats are not required but Shinguards are recommended

Instructed by Global Premier Soccer

Ages: 3 - 6

Days: Thursdays Beginning April 14th (8 weeks)

Times: **Ages 3 – 4** 3:30 – 4:30

Ages: 5 – 6 4:30 – 5:30

Cost: \$95

Location: To Be Determined

Woburn Track & Field Clinic

From the clinic athletes will learn about, and be able to try, many different track and field events. We will also work on basic skills that are applicable in track, as well as any other sport. Athletes will learn proper warm up and cool down routines, fundamental drills, the basic rules of track events, injury prevention techniques, and competition preparation. Our major priorities are the enjoyment and safety of all athletes!

Instructed by Tom Santa Maria

Grades: 6 - 8

Days: Mondays & Fridays beginning April 25th

Time: 3:30pm – 5:00pm

Location: Joyce Middle School **Cost:** \$65 *6 Weeks

Spring Volleyball

This program is for all ability levels. Players will be grouped according to ability level. In this program girls will learn how to hit, pass, set, and serve in a fun and friendly environment. Experienced players will be able to have fun improving their skills through advanced drills and newer players will get work on improving their volleyball fundamentals.

Grades: 5 - 8

Days: Tuesdays beginning May 3rd

Time: 3:15pm – 4:45pm

Location: Woburn High School **Cost:** \$75 *8 Weeks



Summer Youth Programs (Morning)



Multi-Sport

Week 1 6/27 – 6/30

This clinic focuses on multiple sports each day such as flag football, floor hockey, basketball and many more. Children will get great exercise and enjoy playing outdoor games with their friends.

Ages: 5 – 12

Library Park

Time: 9:30 – 11:30

Fee: \$47

Golf Clinic

Week 1 6/27 – 6/30

This clinic is an introduction to golf and is designed to teach the basics of golf to new learners. Each child will learn about the different clubs and how to properly swing them. The children will also have a chance to practice their skills at a local 3 par golf course. Children must have their own golf clubs or you must make arrangements with us if you need to borrow clubs.

Ages: 8 – 12 **Time:** 9:30 – 11:00

Fee: \$47(does not include price for round of golf)

Location: To be determined

Transportation to Lexington Golf Course not provided

Adventure Clinic

Week 2 7/5 – 7/8

In this clinic children will take part in a different adventure around Woburn every day! For more info on this program contact the Recreation Dept.

Ages: 6-12 **Time:** 9:00- 12:00

Location: Library Park **Fee:** \$51

Soccer

Week 1 6/27 – 6/30

This clinic will teach the fundamentals of soccer. Children will be divided into groups according to age and will participate in fun games all geared towards learning the sport of soccer or enhancing their soccer skills.

Ages: 5 – 12

Joyce Soccer Fields

Time: 9:30 – 11:30

Fee: \$47

Tiny Tikes Sports

Week 1 6/27 – 6/30

Children will participate in fun games such as kick ball, soccer, and many more. They also will have an opportunity to show their artistic side with some arts and crafts.

Ages: 3 – 4

Location: Library Park

Time: 9:30 – 10:15 or 10:30 – 11:15

(if low attendance, we will combine classes)

Fee: \$22

Tennis

Week 2 7/5 – 7/8

This clinic is for children who want to learn how to play tennis. We will be introducing the basics of the game and then participants will have the opportunity to apply them to a real match.

Ages: 6 – 12

Location: Woburn High Tennis Courts

Time: 9:30 – 11:30

Fee: \$47



Summer Youth Clinics (Morning)



*Most morning clinics run 4 days with the 5th day being a rain day

Flag Football & Floor Hockey Week 2 7/5 – 7/8

This clinic will be focused on learning the game of flag football and floor hockey. We will be playing both sports throughout the week. Equipment will be provided.

Ages: 7 – 12

Location: Leland Park

Time: 9:30 – 11:30

Fee: \$47

Dance Clinic Week 3 7/11 – 7/14

This clinic children will have fun exploring different types of dance and will be able to learn a new dance routine. Taught by Leeann Dukas

Ages: 4 - 9

Location: Just Dancin Studio 25g Olympia ave

Time: 9am – 10am Ages 4 – 6

10:15 – 11:15 Ages 7 - 9

Fee: \$35

Tiny Tikes Sports Week 3 7/11 – 7/14

Children will participate in fun games such as kick ball, soccer, and many more. They also will have an opportunity to show their artistic side with some arts and crafts.

Ages: 3 – 4

Location: Library park

9:30 – 10:15 or 10:30 – 11:15

(if low attendance, we will combine classes)

Fee: \$22

Archery Clinics Week 4 7/18 – 7/21 Week 5 7/25 – 7/28

Children will have the opportunity to learn the lifelong activity of archery. This concentrated course the basics and is suitable for those who have never shot a bow, or those with some experience. Class covers: eye dominance, archery safety rules, warm up exercise, proper shooting techniques. Students will be provided equipment that is safety checked by the instructor. This class is taught by current WMHS wellness teacher Diane Ivester

Grades: 6 -12 *grade entering in fall '15

Location: Woburn High

Time: 9:00am – 10:30am

Fee: \$47 per week

T-Ball Week 4 7/18 – 7/21

This clinic teaches children how to properly throw, catch, and hit. There will be daily games so that children can apply what they have learned in a game situation.

Children must bring a glove.

Ages 4 -7

Location: Leland Park

Time: 9:30-11:00

Fee: \$37

Field Hockey Clinic Week 3 7/11 – 7/14

WMHS Varsity Field Hockey Coach and former U.S Field Hockey Team member, Barbara Freeman Locke, will instruct the fundamental skills of the game. Emphasis will be on fundamental stick work/ball handling, positioning and rules/ concepts of hockey. Each participant is required to bring mouth and shin guards along with sneakers. Sticks are available for those who do not have one.

Ages: 8-14

Location: WMHS

Time: 8:30 -11:00

Fee: \$60

Baseball Week 3 7/11 – 7/14

Children will get the opportunity to improve their hitting, fielding, base running and pitching skills through fun drills and then apply their skills to a game.

Ages: 6 – 13

Location: Leland Park

Time: 9:30 – 11:30

Fee: \$47

Basketball Week 3 7/11 – 7/14

This clinic will focus on the basic fundamentals of basketball such as shooting, passing, dribbling. Fun basketball games will be incorporated into this clinic.

Ages: 7 – 12

Location: Shamrock Outdoor Courts on Green St

Time: 9:30 – 11:30

Fee: \$47

Multi-Sport Week 3 7/11 – 7/14

This clinic focuses on multiple sports each day such as flag football, floor hockey, basketball and many more. Children will get great exercise and enjoy playing outdoor games with their friends.

Ages: 5 – 12

Library Park

Time: 9:30 – 11:30

Fee: \$47

Adventure Clinic Week 4 7/18 – 7/21

This clinic children will take part in a different adventure around Woburn every day! For more info on this program contact the Recreation Dept.

Ages: 6-12

Location: Library Park

Time: 9:00- 12:00

Fee: \$51

Lacrosse Week 4 7/18 – 7/21

Come learn how to play one of the fastest growing sports!! Emphasis will be on skills and small sided games. **We have a limited supply of sticks so participants are encouraged to bring their own.**

Ages: 7 – 13

Location: Library Park

9:30 – 11:30

Fee: \$47



Summer Youth Clinics (Morning)



*Most morning Clinics run 4 days with the 5th day being a rain day

Sullivan's Tennis Clinic Week 5 7/25 – 7/28

Children will have the opportunity to learn the game of tennis. They will participate in drills teaching them the basic swings and also the rules of the game. They will also be playing matches against other campers. This clinic will be run by High School Coach Steve Sullivan.

Ages: 8 – 14

Location: Woburn High Tennis Courts

Time: 1:00pm – 3:00pm

Fee: \$47

Softball Week 5 7/25 – 7/28

In this clinic girls will get to improve their softball skills through daily drills. Our softball staff will be providing hands-on instruction on how to improve your softball game. Our staff is made up of former Woburn High School Softball players and current college softball players.

Ages: 6 – 12

Location: Library Park

9:30 – 11:30 Fee: \$47

Dance Clinic Week 5 7/25 – 7/28

This clinic children will have fun exploring different types of dance and will be able to learn a new dance routine. Taught by Leeann Dukas

Ages: 4 - 9

Location: Just Dancin Studio 25g Olympia ave

Time: 9am – 10am Ages 4 – 6

10:15 – 11:15 Ages 7 - 9

Fee: \$35

Golf Clinic Week 6 8/1 – 8/4

This clinic is an introduction to golf and is designed to teach the basics of golf to new learners. child will learn about the different clubs and how to properly swing them. The children will also have a chance to practice their skills at a local 3 par golf course. Children must have their own golf clubs or you must make arrangements with us if you need to borrow clubs.

Ages: 8 – 12

Time: 9:30 – 11:00

Fee: \$47(does not include price for round of golf)

Location: To be determined

Transportation to Lexington Golf Course not provided

Adventure Clinic Week 6 8/1 – 8/4

This clinic children will take part in a different adventure around Woburn every day! For more info on this program contact the Recreation Dept.

Ages: 6-12

Location: Library Park

Time: 9:00- 12:00

Fee: \$51

Flag Football & Floor Hockey Week 5 7/25 – 7/28

This clinic will be focused on learning the game of flag football and floor hockey. We will be playing both sports throughout the week. Equipment will be provided.

Ages: 7 – 12

Location: Leland Park

Time: 9:30 – 11:30

Fee: \$47

Multi-Sport Week 5 7/25 – 7/28

This clinic focuses on multiple sports each day such as flag football, floor hockey, basketball and many more. Children will get great exercise and enjoy playing outdoor games with their friends.

Ages: 5 – 12

Library Park

Time: 9:30 – 11:30

Fee: \$47

Tiny Tikes Sports Week 5 7/25 – 7/28

Children will participate in fun games such as kick ball, soccer, and many more. They also will have an opportunity to show their artistic side with some arts and crafts.

Ages: 3 – 4

Location: Library Park

Time: 9:30 – 10:15 or 10:30 – 11:15

(if low attendance, we will combine classes)

Fee: \$22

Soccer Week 6 8/1 – 8/4

This clinic will teach the fundamentals of soccer. Children will be divided into groups according to age and will participate in fun games all geared towards learning the sport of soccer or enhancing their soccer skills.

Ages: 5 – 12

Joyce Soccer Fields

Time: 9:30 – 11:30

Fee: \$47

Cheerleading Week 6 8/1 – 8/4

This clinic teaches children cheers, stunts and dance which will be performed at the end of the clinic for parents! All stunts are safely monitored.

Ages: 4 – 10

Location: TBA

9:30 – 11:30

Fee: \$47

Reminder!! Registration for Summer Programs does not begin until May 1st

We Highly Recommend Registering Online at www.woburnrec.com

Early Bird Registration Saturday April 16th @ Health & Wellness Fair 10:30am – 12:30pm @ Woburn High



Summer Youth Clinics (Morning)



*Most morning Clinics run 4 days with the 5th day being a rain day

Multi-Sport

Week 7 8/8 – 8/11

This clinic focuses on multiple sports each day such as flag football, floor hockey, basketball and many more. Children will get great exercise and enjoy playing outdoor games with their friends.

Ages: 5 – 12

Library Park

Time: 9:30 – 11:30

Fee: \$47

Lacrosse

Week 7 8/8 – 8/11

Come learn how to play one of the fastest growing sports!! Emphasis will be on skills and small sided games. **We have a limited supply of sticks so participants are encouraged to bring their own.**

Ages: 7 – 13

Location: Library Park

9:30 – 11:30

Fee: \$47

Tiny Tikes Sports

Week 7 8/8 – 8/11

Children will participate in fun games such as kick ball, soccer, and many more. They also will have an opportunity to show their artistic side with some arts and crafts.

Ages: 3 – 4

Location: Library Park

Time: 9:30 – 10:15 or 10:30 – 11:15

(if low attendance, we will combine classes)

Fee: \$22

Basketball

Week 7 8/8 – 8/11

This clinic will focus on the basic fundamentals of basketball such as shooting, passing, dribbling. Fun basketball games will be incorporated into this clinic.

Ages: 7 – 12

Location: Shamrock Outdoor Courts on Green St

Time: 9:30 – 11:30

Fee: \$47



Summer Youth Afternoon Programs



Club Rec!! @ Library Park

This program is run similar to a drop-off program where children will have to be signed in and out. The idea of this program is to get children out of the house and onto the fields playing games and sports with their peers. Children will have the opportunity to play a variety of games each afternoon.

Field trips will be offered on Fridays for an additional cost

Days: Monday, Wednesday, and Fridays

Grades 1 – 5 (grade you are entering in fall '16)

Program begins: June 27th – Aug 17th

Groups will be separated according to Grades

Time: 1:30 – 3:30

Cost: \$60 for the entire summer!

There will be limited spots for each grade division so please register early!!

Dodgeball

On Thursdays in the summer we will be offering a Dodgeball League for children. Children will be put on teams and will play all different variations of the popular game dodgeball!

Program Begins: June 27th

Grades: Entering 3 - 8

Days: Thursdays (7 Weeks)

Location: Library Park

Time: 1:30 – 3:30

Fee: \$30

Teen Rec Club Middle School Program

If your child is looking for friends, fun and adventure, this is the place to be. The program is held on Mondays & Wednesdays at Library Field. Activities will include sports, crafts, games, off-site adventures and more! A calendar of events will be distributed the first week of the program.

Days: Mondays & Wednesdays

Grades 6 - 8 (grade you are entering in fall '16)

Program begins: June 27th

Time: 1:30 – 3:30

Cost: \$35 for the entire summer!

There will be limited spots so register early!!

Field trips will cost extra per person

Floor Hockey

On Wednesdays in the summer we will be offering a Floor Hockey League for children. Children will be put onto teams and we will play an organized game each week. This program will run for 7 weeks. We will provide all the equipment (exception of Mouth guards)

Program Begins: July 1st

Ages: 7 – 13

Days: Wednesdays

Location: Leland Park Rink

Time: 1:30 – 3:30 Fee: \$30

Recreation Summer Wiffleball League

Sign up for our popular summer wiffleball league! Games are held each afternoon at Library Park, with a tournament held at the end of the summer. This program will run for 7 weeks with an additional week for the tournament.

Program begins June 28th

Grades Entering 1 – 8: Tuesdays & Thursdays

Time: 1:30 – 3:30

Location: Library Field Cost: \$40



Summer Youth Afternoon Programs



Mini Club Rec!! @ Library Park

This program is for the children who do not qualify yet for Club Rec. Instead of signing up for the entire summer you will have the opportunity to register for which weeks you would like your child to attend. We have themed weeks so you will be able to select which week you think your child would have the most fun at. The program will be run on Tuesdays and Thursdays from 1:30 – 2:15 for ages 3 & 4 and from 2:30 – 3:30 for ages 4 & 5 at Library Field. The cost for each week is \$10. This program does not qualify for the \$5 off per summer program.

<u>Week</u>	<u>Dates</u>	<u>Theme</u>
Week 1	June 28 th & 30 th	Backyard Games
Week 2	July 5 th & July 7 th	Boston Sports
Week 3	July 12 th & July 14 th	Superheroes & Princesses
Week 4	July 19 th & July 21 st	Little Picassos (Crafts)
Week 5	July 26 th & July 28 th	Speedy Racers
Week 6	August 2 nd & August 4 th	Water Fun
Week 7	August 9 th & August 11 th	Field Day

Descriptions for each themed week can be found at www.woburnrec.com



Field Trips



All Trips are handicapped accessible

Reminder Field Trips fill up quickly so make sure you register as soon as possible! Some field trips have minimum age requirements for you to attend without a parent. If your child is not old enough to attend by themselves and you would like to go you may need to contact us before registering.

<u>Field Trip</u>	<u>Description</u>	<u>Time</u>	<u>Date</u>	<u>Cost</u>
Mini Golf/Ice Cream	Middleton, MA	12:30 – 3:30pm	July 1 st	\$6 per person Plus Money for Ice Cream
Jay Gee's Methuen	Mini Golf, Bumper Cars Batting Cages & Ice Cream	12pm – 3:30pm	July 8 th	\$17 per person
Aquarium/Imax	Tour of Aquarium & Showing of an Imax Movie	12pm – 3:30pm	July 15 th	\$21/\$26 Child/Adult
Water Country	Water Park in Portsmouth NH	9am – 3:30pm	July 22 nd	\$30 per person
Sky Zone	Trampoline Park	12:30pm – 3:30pm	July 29 th	\$17 per person \$2 for skyzone socks
Canobie Lake	Amusement Park in Salem NH	10:00am – 3:30pm	August 5 th	\$30 per person
Mini Golf/Ice Cream	Middleton, MA	12:30pm – 3:30pm	August 12 th	\$6 per person Plus Money for Ice Cream

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We Highly Recommend Registering Online at www.woburnrec.com

Early Bird Registration Saturday April 16th @ Health & Wellness Fair 10:30am – 12:30pm @ Woburn High



Summer Youth Evening Leagues



Youth Outdoor Summer Basketball League

This is a fun basketball league for children in grades 3 – 8. Children will be placed on teams and will play one game per week. Our summer staff will be refereeing as well as assisting the teams. This program will run for 5 weeks.
Program Begins July 11th

Grades 2 - 4: Monday Nights
Grades 5 - 8: Wednesday Nights
Location: TBA either Library or Shamrock
Time: 5:00 – 6:00
Cost: \$30

Tiny Tot Soccer League

This is a fun organized soccer league for little kids who want to continue to play soccer through the summer. Children will be placed on teams and there will be one game a week. This program will run for 5 weeks.

Program begins July 12th

Ages: 4 – 5 (Tues)

Location: Joyce Fields

Time: 4:45 – 5:30

Fee: \$30

Ages: 6 – 8 (Thurs)

Location: Joyce Fields

Time: 4:45 – 5:30

Fee: \$30



Fun Runs



.8 Mile race for children up to the age of 12 starts at **6:15**

2.5 mile race starts at **6:40**

Fun Runs are free of charge. All children who participate will receive a ribbon!!!

Dates: Thursday July 7th

Thursday July 14th

Thursday July 21st

Thursday July 28th

Thursday August 4th

Thursday August 11th

*We suggest you plan on being early so you do not miss the start of the race the
Parking lot at the Pond is sometimes crowded these nights*



Tanner Pride Basketball Camps



Girls Tanner Pride Summer Basketball Program

This program is run by Stephen Sullivan, Head Girls Basketball Coach at Woburn High. Tanner Basketball Program is skill-oriented. Activities are set up so players can have fun and compete against standards appropriate to their ability level.

Session I: 7/18 – 7/21

Session II: 8/8 – 8/11

Grades: Girls entering Grades 3 – 9

Location: Woburn High

Fee per session: \$125

Time: 9am – 2pm Participants must bring water and lunch

**This program has a separate Registration form * The form is available in the Recreation Office or at www.woburnrec.com*

Boys Tanner Pride Summer Basketball Program

This program is run by Tom Sullivan, Head Boys Basketball Coach at Woburn High. Tanner Basketball Program is skill-oriented. Activities are set up so players can have fun and compete against standards appropriate to their ability level.

Session I: 7/11 – 7/14

Session II: 8/1 – 8/4

Grades: Boys entering Grades 3 – 9

Location: Woburn High

Fee per session: \$125

Time: 9am – 2pm Participants must bring water and lunch

**This program has a separate Registration form * The form is available in the Recreation Office or at www.woburnrec.com*

Co-Ed Youth Summer Basketball Program

This program is run by Stephen Sullivan, Head Girls Basketball Coach, and Tom Sullivan, Head Boys Basketball Coach at Woburn High. Tanner Basketball Program is skill-oriented. Activities are set up so players can have fun and compete against standards appropriate to their ability level.

Session I: 6/28 – 7/1

Session II: 7/25 – 7/28

Grades: Children entering Grades K – 4

Location: Woburn High

Fee: \$100

Time: 9am – 12pm Participants must bring water and snack from home

**This program has a separate Registration form * The form is available in the Recreation Office or at www.woburnrec.com*



Girls Volleyball



Girls Summer Volleyball Clinic

The girls will learn how to hit, set, pass, and serve in a fun and friendly atmosphere lead by the Woburn Girls' Varsity Volleyball team. Each day will also include the teaching of volleyball specific exercises. Game like situations and mini-tournaments will also be part of each day of camp.

Date: July 26th – July 29th

Location: Woburn High

Fee: \$75 *T-shirt included in price

Time: 1pm – 4pm

Grades: Girls entering Grades 5 – 9



Arts & Crafts



Free Craft Program!

An enjoyable place for children to make fun arts & crafts projects with our instructors. There is a different craft offered each afternoon. You do not need to be registered for this program.

This Program begins on July 11th and runs until August 11th

Summer 2016 Schedule

Monday 1:30 – 3:30	Library Park
Tuesday 1:30 – 3:30	Green Street Pool
Wednesday 1:30 – 3:30	North Woburn Pool
Thursday 1:30 – 3:30	East Woburn Pool

Kids who love Crafts

This program is for children who love to express their artistic side. Children will make different arts & crafts project each week. The project will be geared towards the age level of the children.

Program Begins: June 30th

Ages: 5 – 12

Days: Tuesdays & Thursdays Mornings (7 Weeks)

Location: Library Park

Time: 10:00am – 11:15am

Fee: \$40



Pools & Wristbands



****Pools are open to Woburn residents only***

Every person entering the pool area must have a wristband

Wristbands may be purchased at the Recreation Office in City Hall

Children under 12 must be supervised by an Adult at the Pool

****All pools have a Handicap lift****

2016 Wristband Prices

Early Registration

May 1st – June 2nd

Adult - \$15

Child- \$10

Family- \$40

After June 2nd

Adult - \$20

Child - \$15

Family- \$55

Pool Hours

Monday – Friday: 10am – 7pm

Saturday: 10am – 5pm

Sunday: 12 - 5



Pool Locations

East Woburn (Golden Pool)

Located behind Leland Park on Central Street

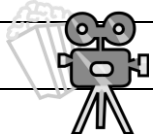
Green Street (Cox Pool)

Located behind the Shamrock school on Green St. *There is also a wading Pool*

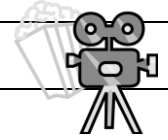
North Woburn (Rocco Schelzi Pool)

Located on Main street next to St. Anthony's Church.

The Recreation Department has the right to revoke wristbands for not complying with pool safety rules. A complete list of all pool rules are posted at each pool location.



Family Movie Mania



4 Week Movie Series @ Library Park

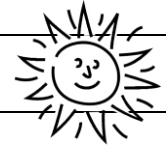
There's no better way to spend a cool summer night in Woburn than enjoying a great movie in the great outdoors. Consider joining us under the stars on Tuesday nights starting on July 19th at Library Park. The movie will start promptly at dusk. It is recommended that you arrive a little early so that everyone will be able to get settled before the movie starts. Bring your own snacks/juice and money for ice cream man. Don't forget your lawn chairs and blankets for the family!

Tuesday July 19th
Tuesday July 26th
Tuesday August 2nd
Tuesday August 9th
Tuesday August 16th

For a listing of the movies visit www.woburnrec.com in July



Children with Disabilities



Recreation Summer Fun Clinic

Date to be determined by the last week of summer school

Join us for our very popular summer program! Last summer the children enjoyed bowling, swimming, sports, and other fun activities. This year there will be the same amount of fun plus more!

Ages: 5 – 21

Location: Reeves Elementary School

Time: 9:00 – 1:00

*Must be a resident of Woburn or enrolled in Woburn Public Schools to register



Summer Science & Design Programs



Spectacular Science Week 3 7/11 – 7/15

Come join this very cool and fun summer program! Each day the kids will explore up to 20 weird and wacky hands-on science experiments and will make and take home at least 8 different projects. They will explore weird motions and flying things, air and water pressure; crazy chemistry, light and sound, science magic, electricity, magnets, astronomy and more. Be prepared for lots of fun stuff. **Instructors: Top Secret Science**

Grades: Students entering Grades 1 – 5 **Location:** TBD

Times: Half Day 9am – 12pm Full Day 9am – 3pm

Fee: \$85 Half Day \$155 Full Day

Middle School Week 4 7/18 – 7/22 Amazing Hands-on Science!

Come join this very cool and fun summer program! Each day the kids will explore up to 20 weird and wacky hands-on science experiments and will make and take home at least 8 different projects. They will explore weird motions and flying things, air and water pressure; crazy chemistry, light and sound, science magic, electricity, magnets, astronomy and more. Be prepared for lots of fun stuff. **Instructors: Top Secret Science**

Grades: Students entering Grades 5 – 8 **Location:** TBD

Times: Half Day 9am – 12pm Full Day 9am – 3pm

Fee: \$85 Half Day \$155 Full Day

LEGO® Week 5 7/25 – 7/28 Robotics & Engineering Workshop

Using the latest LEGO(r) Power Functions and LEGO(R) robotics technology, participants will have an opportunity to explore the amazing world of LEGO(R) robotics and engineering. We will learn about gears, circuits, and computer programming as we design, build, and program a variety of different robotics and engineering projects. Over 50 different projects are available including motorized cars and walkers, remote-controlled tanks, and amusement park rides. We'll also use ipads to program and control projects built with the new LEGO(R) EV3! Projects are available for all skill levels. Note: Participants do not take projects home

Grades: Students entering Grades 1 – 6 **Location:** TBD

Fee: \$110 **Time:** 9:00 – 12:00pm

LEGO® Week 5 7/25 – 7/28 Star Wars & Engineering Workshop

We'll build your favorite Star Wars vehicles from the ice planet Hoth, Luke Skywalker's home planet of Tatooine, Geonosis, Endor, and many more. Over 50 different new and vintage sets will be available including Star Destroyers, X-Wings, the Millennium Falcon, and motorized AT-ATs! We'll also learn basic engineering principles as we construct motorized Droid Tanks, Pod Racers, and a Battle Droid Factory! Projects are available for all skill levels! May the bricks be with you!

Note: Participants do not take projects home.

Grades: Students entering Grades 1 – 6 **Location:** TBD

Fee: \$110 **Time:** 12:30pm – 3:30pm



Summer Science & Design Programs (cont.)



Video Game Design & Coding 101 **NEW!** Week 5 7/25 – 7/28

Stop playing video games and start creating them! In this introductory class participants will learn how to program and create their very own video games. We will learn how to create sprites, objects, levels, backgrounds, sound effects and much more as we create several games that can be shared with family and friends! We'll create games with fire-breathing dragons, a game with spaceships and asteroids, as well as a multi-level, customized adventure game complete with zombies, potions, coins, trap doors, and so much more! Participants we leave Friday with their games on a thumb-drive along with a free copy of the software!

Grades: Students entering Grades 3 – 6

Location: TBD

Fee: \$110

Time: 9:00 – 12:00pm

Rocket Science **Week 6 8/1 – 8/5** By Wicked Cook Kids

Join us for an all new mission as we build and launch a solid fuel scale model of the UP Aerospace SpaceLoft Rocket. In the morning, rocket scientists investigate flight by building and testing planes, copters, hot air balloons and various rocket propulsion systems. Design space suits, satellites, and rovers to investigate the surface, biosphere and atmosphere of an unknown world. Rocket launch on Friday morning, weather permitting. **Instructors: Wicked Cool Kids Company**

Grades: Students entering Grades K – 5

Location: To be determined

Times: 12:00pm – 3:00pm

Fee: \$170

Superhero Physics **NEW!** Week 8 8/15 – 8/19 By Wicked Cook Kids

What makes a superhero super? Physics! Conduct gravity experiments to learn what it would take for Superman to leap over tall buildings in single bound. Create optical illusions to understand how Wonder Woman's jet can disappear. We'll investigate how Spiderman (and real spiders) can walk up walls and examine Batman's super gadgets that help him fight crime. Morph into the world of superheroes using the science that could make superheroes a reality. Super science fun!

Instructors: Wicked Cool Kids Company

Grades: Students entering Grades K – 5

Location: To be determined

Times: 8:30 – 11:30am **Fee:** \$170

Lego Engineering **Week 8 8/15 – 8/19** By Wicked Cook Kids

LEGO Engineering Junior activities promote teamwork and critical thinking skills as we investigate basic engineering concepts using DUPLOs. We will work together to build a seesaw, tram, spinning top, and other crazy working mechanisms. Next, listen to stories based on popular fairy tales and use the engineering design process to help solve our hero's problems using simple machines. Perfect for the young builder with tiny hands! **Instructors: Wicked Cool Kids Company**

Grades: Students entering Grades 1 – 5 **Location:** To be determined

Times: 12:00pm – 3:00pm

Fee: \$170

Video Game Design & Coding 201 **NEW!** Week 5 7/25 – 7/28

In Video Game Design and Coding 201 we'll create a whole new crop of games! During this workshops student will create a multi-player tank battle game as well as classic a WWII flying planes game. During this workshop participants will learn about scrolling screens, enemies with weapons, health and lives, as well as adding boss levels. Participants will leave Friday with their games on a thumb-drive along with a free copy of the software!

Grades: Students entering Grades 3 – 6

Location: TBD

Fee: \$110

Time: 12:30pm – 3:30pm

Gross Science **NEW!** Week 6 8/1 – 8/5 By Wicked Cook Kids

Gross Science is not for the easily queasy! The gross yet fascinating things in life may hide many science secrets, like what's hidden in a diaper. Kid chemists can discover acids and bases and make putrid potions that bubble and burp. We will create alien slime, dissect owl puke and grow gross bacteria. Slither with snakes and slimy worms and find out what's behind

that smell — ewww! Wicked Gross Science is guaranteed to be grossly amusing. **Instructors: Wicked Cool Kids Company**

Grades: Students entering Grades K – 5

Location: To be determined

Times: 8:30am – 11:30am

Fee: \$170

Wicked Cool Med School **Week 7 8/8 – 8/12** By Wicked Cook Kids

Is there a doctor in the house? Future doctors will follow the progress of their own "patient" all week as we journey into the inner workings of the human body. Keep medical charts and become anatomy specialists while learning the body systems. We'll create model organs like big bones, moving joints, and working lungs for our patient. In this class, we will learn to use a stethoscope, how to take vital signs, and how to incorporate healthy habits into our lives to keep in tip top shape! **Instructors: Wicked Cool Kids Company**

Grades: Students entering Grades 1 - 5

Location: To be determined **Fee:** \$270

Times: 8:30am – 3:00pm

*Minimum amount of participants registered are needed to run full day class

Memorial Bench Program

Interested in donating a bench in memory of a loved one at one of our Parks? Contact the Recreation Department to inquire about donating a bench. Many of our parks are in need of new benches!





Golf Lessons with Barrie Bruce Golf School



For more information on Dates/Times Contact the Rec Department at 781.897.5805 or visit woburnrec.com to see the full schedule

Jr. Golf School Clinic

This clinic is a series of five one and a half hour lessons dealing with safety, the address position, the swing, irons, woods, the short game, and golf etiquette. These classes are for beginners as well as those who are in the process of developing better golf skills

Instructor: Barrie Bruce Golf School

Ages: 7—14

Location: Billerica Country Club

Cost: \$105

Adult Golf Lessons

In collaboration with the Barrie Bruce Golf school this spring we are offering Adult Golf lessons. The following classes are available for you to register for:

- Beginner Golf Instruction**
- Intermediate Golf Instruction**

Location: Billerica Country Club

Instructor: Barrie Bruce Golf School

Price: \$169 for 5 lessons (1 hour each)

Special Events



Kid's Night
June 21st
Library Park
6:00 – 7:30



Come down for Kid's Night and kick off your summer with the Woburn Recreation Staff! There will be plenty of fun games for your children to participate in and it's a great way for them to get to know the summer counselors!



Family Night & Outdoor Movie
July 19th

Library Park

Sponsored by the Woburn Rotary Club

Food will be served starting at 6:00

Children's Concert: 6:30 – 7:30

Outdoor Movie: 8:15 or 8:30 depends on sunset

Other activities include: Moonwalk, Fire Safety House, and other Children's Games



Mayor's Field Day
August 18th
Library Park
11:00am – 1:00pm



Come celebrate the end of the summer with the Recreation Department!!!

There will be many fun – filled activities and events for children such as a dunk tank, moonwalk, magician, face painting, along with great onstage performances.

Contact the Rec Department in July for the full list.

***Rain Date August 19th**



Now Enrolling for September 2016!

Little Hands Big Hearts Preschool (LHBH) is registering for September 2016 with space available in the 9am-12pm, 2, 3, or 5 day programs. LHBH is a Dept. of Early Education & Care licensed preschool for children ages 2.9 to age 6. The program runs 35 weeks September through the start of June. Our preschool is balanced between structured activities, free-choice and play, allowing for quiet and active participation, while fostering imagination and creativity.

LHBH provides a safe, loving and nurturing environment for your child. Please contact Director Erin Lynch at 781-937-5645 or ELynch@LHBHpreschool.org for more information or to schedule a visit.

Little Hands Big Hearts Christian Preschool is located in the Education Wing of the Lutheran Church of the Redeemer, 60 Forest Park Rd, Woburn.

“Where love, learning and laughter all take place under one roof.”

www.LHBHpreschool.org



**Woburn Recreation Department
Program Registration Form
Spring & Summer 2016**



A separate form is required for each participant

Participant Name: _____ Grade: _____ D.O.B. _____

(Entering in Fall) (Required)

Parent/Guardian Name: _____ Shirt Size: _____

Youth or Adult Sizes

Address: _____ Town/Zip: _____

Home Phone: _____ Cell Phone: _____

Emergency Contact: _____ Phone: _____

Please turn over form to fill out Medical Information or for additional space for programs

Program Name: _____ Day: _____ Fee: _____

Program Name: _____ Day: _____ Fee: _____

Program Name: _____ Day: _____ Fee: _____

Tanner Pride Summer Basketball Camps @ Woburn High have a separate Registration Form

Please include your email address if you would like to receive Program updates and information from the Woburn Recreation Department!

Please Print: _____ @ _____

Occasionally the Recreation Department will be taking photographs of various Recreation programs so that we can display the pictures of our programs on our website, Facebook page, in the Recreation Office, or send to the newspaper. If you do not want your child's photograph taken or displayed please initial here: _____

I/We, the undersigned father, mother or guardian(circle) of _____ (name of student), a minor, do hereby consent to my child's participation in Voluntary Recreation Programs of the City of Woburn(hereinafter "the City"). I/We also agree to forever RELEASE the City, a municipal corporation of the Commonwealth of Massachusetts, and all its employees, officers, agents, board members, volunteer and any and all individuals and organizations assisting or participating in voluntary athletic or recreation programs of the City(the Releasees") from any and all claims, actions, rights of action and causes of action, damages, costs, loss of services, expenses, compensation and attorneys' fees that may have arisen in the past, or may arise in the future, directly or indirectly, from known and unknown personal injuries to my child or property damage resulting from my child's participation in the City's Recreation Programs which I/we may now or hereafter have as the parent(s) or guardian(s) of said minor child and which said minor child has or hereafter may acquire, either before or after reaching majority. I/We also promise, to INDEMNIFY, REIMBURSE, DEFEND, and HOLD HARMLESS the Releasees against any and all legal claims and proceedings of any description that may have been asserted in the past, or maybe asserted in the future, directly or indirectly, including damages, costs and attorneys' fees, arising from personal injuries to my child or property damage resulting from my child's participating in the City's voluntary Recreation Programs or administration of first aid. I/We further affirm that I/we have read this Consent, Release from Liability and Indemnity Agreement, and that I/we understand the contents of this Agreement. I/We understand that my child's participating in these programs is voluntary and that my child and I/we are free to choose not to participate in said programs. By signing this Agreement, I/we affirm that I/we have decided to allow my child to participate in the City voluntary Recreation Programs with full knowledge that the Releases will not be liable to anyone for personal injuries and property damage my child or I/we may suffer in voluntary City Recreation Programs.

Signature (Parent or Guardian): _____ **Date:** _____

I would like to donate to be a "Friend of Woburn Recreation". I have added \$ _____ onto my registration amount to help sponsor programs run by the Woburn Recreation Department. I understand that this is strictly voluntary and is not a requirement for registration of any programs. See pg.2 for more info

<p>For Office use only:</p> <p>Date: _____ Amount: _____ Check #: _____ Cash: _____</p>

Medical or Special Concerns that we would need to be aware of for your child (i.e allergies, past injuries, etc.)

Health Insurance Provider _____

Child's Primary Physician: _____ Hospital: _____

Any medications taken on a regular basis (i.e. insulin, etc.): _____

This information is only needed in case there is a medical emergency where we would need to administer care for your child if a parent or guardian were not available at that present time

Program Name: _____ Day: _____ Fee: _____

Program Name: _____ Day: _____ Fee: _____

Program Name: _____ Day: _____ Fee: _____



Become of a Fan of Woburn Recreation on Facebook



Follow @woburnrec on twitter for program updates!



Community Yard Sale
April 30th!!