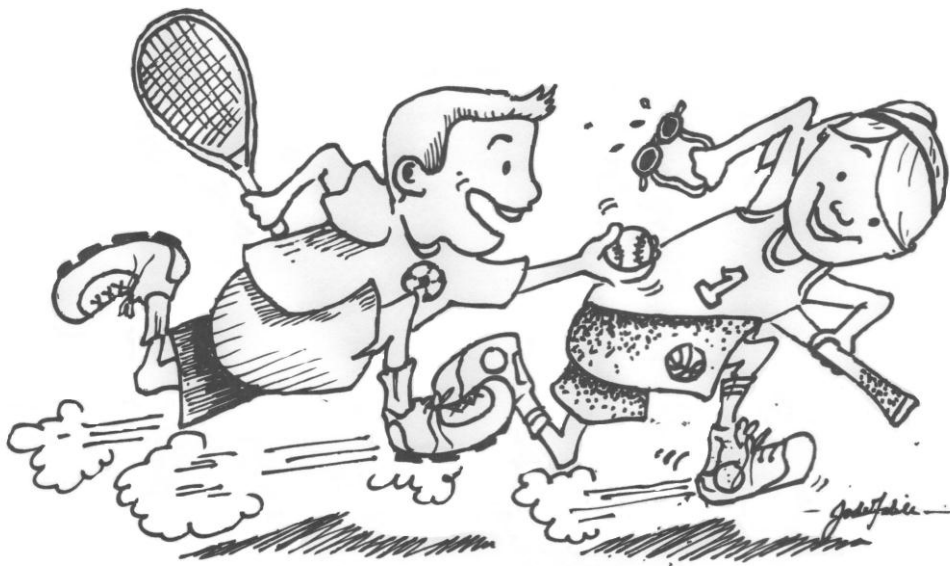


Woburn Recreation

2014 Summer

Brochure



Early Bird Registration Night

April 30th

@ the Recreation Office in City Hall

6pm – 8pm

Summer registration begins:

May 1st

Online/Mail in/Office

**Receive \$5 off
per Recreation
Summer Program if
registered by
May 31st !**

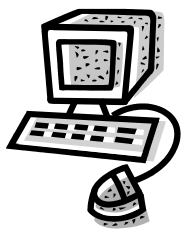
*See Page 3 for details.
Only certain programs apply



**Community Yard Sale
May 3rd !!**

Woburn Recreation Department

10 Common Street, Woburn MA 01801
(781) 897- 5806 www.woburnrec.com



www.woburnrec.com

For latest updates and more information visit our website!

Fitness and Wellness instructor's wanted!

Woburn Recreation is looking for qualified individuals who are interested in teaching fitness and wellness courses for the Recreation Department. We are looking for instructors who are certified to teach fitness classes to children, teens, and or adults. We are also looking for anyone who may have interest in teaching classes on healthy eating habits or other well-being courses that might be of interest to children, teens and adults. If you are interested and have an idea on what type of class you may want to teach contact the Woburn Recreation office at 781-897-5805 or email bnagle@cityofwoburn.com



Look for this symbol in
our brochure to see
our New Programs



Recreation Commission

Paul Tobin, Chairman

Michael Martini

Anthony "Bishy" Pandolph

Gene Demers

Timothy Lawton



facebook

Become of a Fan of Woburn
Recreation on facebook

**Family Discounts
Available**

Please contact Recreation
Director before
registering



Youth Sports Organizations



Little League – (781) 933-2525

Pop Warner – (781) 933-5035

Youth Soccer – (781) 935-7480

Youth Hockey – (781) 935-1319

Youth Lacrosse – (781) 935-2667



E-mail comments, suggestions, ideas, and concerns to rlindstrom@cityofwoburn.com



To our residents and patrons:

If you haven't noticed already we have updated our Website and Online Registration process. We are constantly updating the Website with our new program offerings.

We have many program offerings for everyone this summer whether you register your child for a summer morning clinic, purchase pool passes, or take one of our adult fitness classes you will find that there is something for everyone in this brochure!

Don't forget to mark your calendars for all of the upcoming summer events! Our Outdoor Movie series will begin again on July 22nd, Fun Runs at Horn Pond will start on Thursday July 10th, and Mayor's Field day this year will be Thursday August 21st!

Hope to see you all this summer!

Sincerely,
Rory Lindstrom, CPRP
Recreation Director

Mission Statement

The Mission of the Woburn Recreation Department is to promote the health and welfare of the citizens of Woburn by providing safe, affordable, and most importantly enjoyable Recreation Programs.

Discount Movie Tickets

The Recreation Department will be selling discount movie tickets to the Showcase cinemas. The cost for each ticket is \$8.25 and they are valid anytime.

Please call or e-mail before you come in to get your movie tickets to ensure that we have enough for your group!
rlindstrom@cityofwoburn.com
(781) 897-5805

Early Bird Summer Registration Night @ Recreation Office in City Hall Tuesday, April 30th 6:00pm – 8:00pm

We will be holding an early bird registration night at the Recreation Office in City Hall for parents that want to make sure that they secure their child's spot in a particular program for the summer. You will have a chance to ask any questions that you may have about the upcoming summer programs. You will also be able to purchase wristbands for the city's pools as well. Online/mail in/office registration will open on May 1st

**Anyone that registers their child before
May 31st will receive \$5 off per program***

*Certain programs are excluded from the \$5 (Lego Camp, Music, Barrie Bruce Golf School, Pool Wristbands and other programs not directly run by the Recreation Dept)

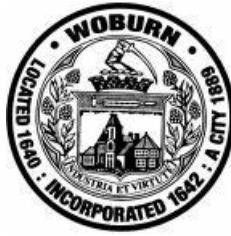
New Online Registration Page!!

Beginning this Fall of 2013 we started using a different online registration website to handle all online registration. This new website will allow you to register with username and password so you have the ability to see what you and other members of your families have registered for. We are very excited for this new process. We encourage everyone to go to www.woburnrec.com and set up your account so when it comes time to register for activities you will be one step closer!

Mailing Address

Woburn Recreation Department
10 Common Street
Woburn, MA 01801

*The Recreation Department is
Located on the 1st Floor of City Hall.*



Numbers

Phone (781) 897-5805

Fax (781) 897-5809

E-mail

rlindstrom@cityofwoburn.com

bnagle@cityofwoburn.com

Registration & General Information

Registration Information

Online Registration is the preferred method and strongly recommended for all programs except for Swimming Pool Wristbands.

We also accept Walk-in registration and Mail-in as long as space is available.
-Non-residents are accepted 1 week after the program registration begins and there is a \$10 additional fee for non-residents.

All of the Recreation Programs are accessible to all. If participants have any disabilities that we should be informed of, they should contact the Recreation Director in advance.

Refund Policy

The Woburn Recreation Department reserves the right to cancel, postpone, or combine programs. Every effort will be made to notify participants if a program has been cancelled, changed, postponed or relocated due to space availability. The Recreation Department does not confirm program registrations.

- Refunds, less the minimum \$10.00 non-refundable deposit, may be given to a participant who withdraws from a program **two weeks** or more prior to the start of the program. To be eligible for a refund, the request must be in writing in the form of a letter or e-mail to the Recreation Department.
- Refunds may be given for medical reasons
- In the case of inclement weather or other unforeseen circumstances, refunds or program credits will not be given, however we will do our best to reschedule the program.
- Participants who withdraw from a program five business days prior to the start of a program may receive a credit, less the minimum \$10 processing fee, towards another Recreation Program provided there is no waitlist for that program
- Participants who withdraw from a program less than five business days prior to the start of the program are **not eligible for a refund or credit. Refunds or credits will not be given for early termination of a program by a participant.** Program expenses will have already occurred.

Recreation Office Hours

Monday - Wednesday 9:00 – 4:30

Thursday 9:00 – 7:00

Friday 9:00 – 1:00

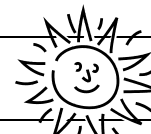


**Certain classes fill up fast
so secure your child's spot
by registering early!!**





Spring Adult Programs



Reiki Classes

Reiki 1 Class: Reiki is a gentle and effective healing & wellness technique consisting of light hand placements on various areas of the body. Reiki means “Universally guided life force energy”. As you give Reiki to someone you also receive the benefits of the Reiki healing energy as well. Relaxation, stress reduction, and pain relief are a few of the many benefits of a Reiki treatment. At the completion of this 6 hour class you will be able to provide Reiki to yourself, family, friends, and even pets and you will also receive a Certificate as a Usui Reiki Level 1 Practitioner. The Reiki energy will remain with you forever and strengthen as you use it. We will also discuss other basic wellness/relaxation techniques such as meditation & visualization.

6 Hour Class - 10am – 4pm on 5/31, 6/21, or 7/23

(2)- 3 Hour Classes 10am – 1pm on 6/9 & 6/10, 7/8 & 7/9, or 8/5 & 8/6

COST: \$75,

LOCATION: 110 Winn Street, Suite 207, Woburn MA

Instructor: Marie Flannery, RNC-MNN, HN-BC(Holistic Nurse), Reiki

Self Reiki Class: Reiki is a gentle and effective healing & wellness technique consisting of light hand placements on various areas of the body. Reiki means “Universally guided life force energy”. After just a few minutes of Self Reiki you may feel stress reduction, relaxation, improved well-being and/or pain relief. At the completion of this class you will be able to give Reiki to yourself at any time or any place. Take your healing into your own hands with Self Reiki.

DATES: June 1st 1pm-2:30pm, June 21st 5pm-6:30pm, July 9th 3:30pm-5pm, July 23rd 6pm-7:30pm, August 6th 3:30pm-5pm

COST: \$25,

LOCATION: 110 Winn Street, Suite 207, Woburn MA

Instructor: Marie Flannery, RNC-MNN, HN-BC(Holistic Nurse), Reiki

Finding the “ME” in Mommy

Are you running on empty – feeling overwhelmed and overloaded? Do you go through your day without any awareness of it passing? Juggling everybody else's needs to forgetting your own? Wondering why you feel empty when your days are so full? Secretly thinking, “what about ME?” If you've answered “yes” to any or all of these questions, then this workshop is for YOU! You'll discover in a fun and interactive way: What brings out your best self and how to get there FAST and stay there, what qualities best reflect who you want to be as a woman and a mother, what stops you, how to meet and honor your needs (and what they are). You'll go home with some phenomenal tools to ignite the life you want without losing yourself in the process.

Date: May 7th

Ages: Mothers 30 and up

Time: 6:30 – 8:30pm

Cost: Free (You must Pre-register *Limited Spots)

Instructor: Lana Bastianutti



Nutrition for Disease Prevention and Weight Loss Class

Dr. Scott Fuller

What this seminar will cover:

1. What should you eat to reduce your risk of heart disease, cancer, diabetes, and Alzheimer's disease?
2. What should you eat to have less pain?
3. What should you eat for permanent weight loss success?
4. This class will help you Keep Nutrition Simple, eliminating confusion of what is good for you and not.
5. You will learn 3 important paradigms to get your health in order.

You will receive a handout with 12 simple steps to achieve the goals you want in your life.

Date: May 8th

Time: 7:00 – 7:40pm

Location: Kennedy Middle School Auditorium

Cost: Free



Zumba

Are you ready to party yourself into shape? That's exactly what Zumba is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that's moving millions of people toward joy and health.

Date: May 7th – June 25th

Ages: 18+

Time: 5:30 – 6:30PM

Cost: \$50

Instructor: Kylie Barchard

Insanity

This 30 to 60 minute version of the popular home workout will take you through interval training designed with athletic drills to give you a high caloric burn!!! Modifications are used to accommodate various fitness levels...

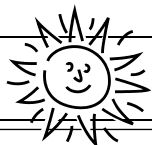
Date: May 7th – June 4th, NO class on 5/21 * 4 Week Session

Ages: 18+

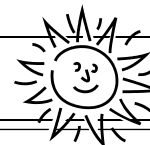
Time: 6:30-7:30PM

Cost: \$30, \$15 for Students

Instructor: Kylee Murray



Spring Adult Programs



Kadanse Open Salsa

Open to all. The objective of these classes is to introduce patterns and styling that can be learned in the studio and danced in the club. This class will offer a fun introduction to partner dancing for new students, and can bring freedom and creativity to the seasoned ballroom dancer. Single students and couples are welcome.

Dates: Class is every Wednesday, Start when you want!

Ages: Adults 18+

Times: 6:45 – 7:30PM

Cost: \$60 for 6 classes

Location: Kadanse Studio in Woburn, 78ee Olympia ave

Belly Dancing

This class is for all ages and body types and a great way to tone up. In this class you will learn the captivating rhythms of the brass finger cymbals, the graceful flowing veil and the basic moves of traditional belly dance, all with music of the Middle East. Please wear comfortable clothes and come have fun.

Dates: Wednesday April 30th – June 18th

Ages: Adults 18+

Times: 6:30 – 7:30PM **Location:** WHS

Cost: \$50

Instructor: Diana Webber

Why Can't I Stop Eating

You have been told that losing weight is simply a matter of eating less and exercising more. However, there are a number of factors that prompt overeating and weight gain, including hormones, neurochemicals, stress, and our toxic food environment. This seminar explores these issues, and then presents the solution: eat fresh, nutritious whole foods and practice Emotional Freedom Techniques (EFT), a form of psychological acupuncture, to eliminate food cravings, manage stress, and eliminate the emotional discomfort that may drive overeating.

Dates: April 17th & 24th

Ages: Women 18+

Time: 6:30-8:30pm

Cost: Free (You must Pre-register *Limited Spots)

Instructor: Terry Currier



Picture Framing

The purpose of custom framing is to find the best frame and matting design to enhance the elements of artwork. You will design and frame your prints, graphics, photography, posters, fine art, and needlework in a do-it-yourself format. You will be guided through selection, measuring and cutting, single and double matting, mounting, jointing wood and metal frames and completing final assembly. Materials can be purchased at class.

Date: April 10th – June 5th (No class on April 24th)

Ages: 18+

Time: 6:30 – 9:00PM

Cost: \$50 plus cost of materials at class

Location: WMHS Art Room

Instructor: Larry Glickman

Monthly Photo Walks at Mary Cummings Park

On the first Saturday of every month, rain or shine, at 10am, there is a photo walk at Mary Cummings Park. Burlington photographer Jon Sachs will lead the walks. He has extensive experience with nature photography, particularly close-ups of flowers and insects. We will gather at the new soccer field parking lot on Blanchard Rd, Burlington, MA (between the blue water tower and South Bedford St.) The park has a wide variety of habitats, from fields to forest to wetlands. There are endless subjects for photography, in every season. Jon also happens to be an expert on poison ivy, which he will make sure you avoid.

You can email Jon at jon@jonsachs.com or leave a message at 781-272-1989

Any type of camera works, also if you would just like to enjoy the walk you are still encouraged to join!

Cost: Free



Whole Foods Healthy Tips Demo

In this Free Demo you will discuss general aspects of healthy eating, focusing on diet high in plant-foods, to inspire you to reach your health goals. You will also talk about label reading, shopping healthy on a budget, and simple cooking methods for you to make the most out of your food purchases. Look forward to lots of healthy, delicious samples to try!

When: May 15th

Time: 6:30pm

Location: TBD

Cost: Free (You must Pre-register *Limited Spots)

Instructor: Bryan, Healthy Eating Specialist Whole Foods



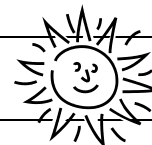
Now Open in Woburn!
206 W Cummings Park
781-932-4123

(On Washington Street, behind Starbucks and FedEx Office)

PUMPS is a full size fitness center exclusively for women. Our equipment, service, classes, and programs cater to all ages and fitness levels. Two studios, 1-to-1 personal training and small group training affords our members one stop shopping! Check out **PUMPSFIT.COM** or call to schedule a tour! Visit us at our official **GRAND OPENING MAY 10, 8am-12pm!**



Spring Youth Programs



Zumbini

Be among the first in the nation to experience Zumbini - an amazing Mommy (caregiver) and Me, Music and Movement program. The program is a magical child-focused journey into the world of music, rhythmic musical instruments, movement, dance and song. Bond with your child as you foster their individual social, emotional, motor, and cognitive growth through a teacher facilitated sing/dance and play environment using original world rhythms. **There is also a small fee for either the CD for the class or you can purchase the entire ZUMBINI Bundle (2 CDs & Story/Songbook)**

Dates: April 14th – June 9th, NO class May 19th or May 26th

Ages: newborns – 4 years old and their Moms/Caregivers

Times: 9:45 – 10:30am

Cost: \$126 plus a small fee (see above)
\$63 for Siblings

Instructor: Janice Shwartz

Fit 4 Fun

Fit 4 Fun is a non-competitive, positive, and exciting experience. Fit for Fun combines physical activity games with lessons on healthy eating. Each participant will learn how to make quick-and-easy, healthy (yet delicious!) snacks in a creative, collaborative setting. Some of the activities and games will include kickball, dodge ball, tag, capture the flag, wiffle ball, obstacle courses as well as other fun activities that combine fitness and fun. Be active, be healthy; be fit for fun

Date: Free Demo July 12th

Ages: 7 -11 years old

Time: 10:00 – 11:30am

Cost: Free

Location: Shamrock Outdoor Field Green Street

Instructor: Carol Jackson



Now Registering for September 2014

Little Hands Big Hearts is a nine-month, three-hour morning structured program with small classes of 12-16 students and two teachers for children 2.9 – 6 years old.

We provide a safe and nurturing environment guided by experienced, caring teachers to encourage the growth of physical, social and emotional development of young children while responding to the needs of their families.

Daily classes 9 am – 12 pm and choose from two, three or five day-a-week programs.

Call 781-937-5645 now to schedule a tour or visit
www.LHBHpreschool.org for more information.
Email: LHBH@redeemerworburn.org

Zumba For Kids

Zumba for Kids is a modified version of Zumba Fitness. Dance moves and Latin music are used to make fitness fun. Zumba for kids is designed to improve motor coordination and listening skills. Kid approved dance moves makes these 30 minute group classes "exercise in disguise".

Day: Thursdays

Dates: May 1st – June 5th (6 weeks)

Ages: 6-9 & 10-12

Time: 4:00-4:30pm Ages 6-9

4:30-5:00pm Ages 10-12

Cost: \$20

Location: Goodyear

Instructor: Patricia Lally

Preschool Sports

Pre-school aged children will get the opportunity to participate in fun games such as kickball, parachute games, red light green light and more fun activities.

Ages: 3 – 5 (for children not enrolled in Kindergarten)

Days: Wednesdays

Program Begins: May 21st

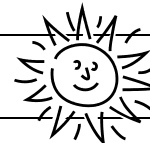
Time: 3:15 – 4:00

Location: Library Park

Cost \$ 30 (5 Weeks) program



Summer Youth Programs (Morning)



Multi-Sport

Week 1 6/30 – 7/3

This clinic focuses on multiple sports each day such as flag football, floor hockey, basketball and many more. Children will get great exercise and enjoy playing outdoor games with their friends.

Ages: 5 – 12

Library Park

Time: 9:30 – 11:30

Fee: \$47

Golf Clinic

Week 1 6/30 – 7/3

This clinic is an introduction to golf and is designed to teach the basics of golf to new learners. Each child will learn about the different clubs and how to properly swing them. The children will also have a chance to practice their skills at a local 3 par golf course. Children must have their own golf clubs or you must make arrangements with us if you need to borrow clubs.

Ages: 8 – 12

Time: 9:30 – 11:00

Fee: \$47 (does not include price for round of golf)

Location: To be determined

Transportation to Lexington Golf Course not provided

Soccer

Week 2 7/7 – 7/10

This clinic will teach the fundamentals of soccer. Children will be divided into groups according to age and will participate in fun games all geared towards learning the sport of soccer or enhancing their soccer skills.

Ages: 5 – 12

Joyce Soccer Fields

Time: 9:30 – 11:30

Fee: \$47

Adventure Clinic

Week 2 7/7 – 7/10

In this clinic children will take part in a different adventure around Woburn every day! For more info on this program contact the Recreation Dept.

Ages: 6-12

Location: Library Park

Time: 9:00- 12:00

Fee: \$51

Multi-Sport

Week 3 7/14 – 7/17

This clinic focuses on multiple sports each day such as flag football, floor hockey, basketball and many more. Children will get great exercise and enjoy playing outdoor games with their friends.

Ages: 5 – 12

Library Park

Time: 9:30 – 11:30

Fee: \$47

Tennis

Week 1 6/30 – 7/3

This clinic is for children who want to learn how to play tennis. We will be introducing the basics of the game and then participants will have the opportunity to apply them to a real match.

Ages: 6 – 12

Location: Woburn High Tennis Courts

Time: 9:30 – 11:30

Fee: \$47

Tiny Tikes Sports

Week 1 6/30 – 7/3

Children will participate in fun games such as kick ball, soccer, and many more. They also will have an opportunity to show their artistic side with some arts and crafts.

Ages: 3 – 4

Location: Library park

Time: 9:30 – 10:30 or 10:45 – 11:45

(if low attendance, we will combine classes)

Fee: \$22

Field Hockey Clinic

Week 2 7/7 – 7/10

WMHS Varsity Field Hockey Coach and former U.S Field Hockey Team member, Barbara Freeman Locke, will instruct the fundamental skills of the game. Emphasis will be on fundamental stick work/ball handling, positioning and rules/concepts of hockey. Each participant is required to bring mouth and shin guards along with sneakers. Sticks are available for those who do not have one.

Ages: 8-14

Location: WMHS

Time: 8:30 -11:30

Fee: \$60

Flag Football & Floor Hockey

Week 2 7/7 – 7/10

This clinic will be focused on learning the game of flag football and floor hockey. We will be playing both sports throughout the week. Equipment will be provided.

Ages: 7 – 12

Location: Leland Park

Time: 9:30 – 11:30

Fee: \$47

Tiny Tikes Sports

Week 3 7/14 – 7/17

Children will participate in fun games such as kick ball, soccer, and many more. They also will have an opportunity to show their artistic side with some arts and crafts.

Ages: 3 – 4

Location: Library park

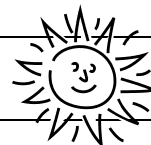
Time: 9:30 – 10:30 or 10:45 – 11:45

(if low attendance, we will combine classes)

Fee: \$22



Summer Youth Clinics (Morning)



*Most morning clinics run 4 days with the 5th day being a rain day

Lacrosse

Week 3 7/14 – 7/17

Come learn how to play one of the fastest growing sports!! Emphasis will be on skills and small sided games. **We have a limited supply of sticks so participants are encouraged to bring their own.**

Ages: 7 – 13

Location: Library Park

9:30 – 11:30

Fee: \$47

Adventure Clinic

Week 4 7/21 – 7/24

This clinic children will take part in a different adventure around Woburn every day! For more info on this program contact the Recreation Dept.

Ages: 6-12

Location: Library Park

Time: 9:00- 12:00

Fee: \$51

T-Ball

Week 4 7/21 – 7/24

This clinic teaches children how to properly throw, catch, and hit. There will be daily games so that children can apply what they have learned in a game situation.

Children must bring a glove.

Ages 4 -7

Location: Leland Park

Time: 9:30-11:00

Fee: \$37

Basketball

Week 4 7/21 – 7/24

This clinic will focus on the basic fundamentals of basketball such as shooting, passing, dribbling. Fun basketball games will be incorporated into this clinic.

Ages: 7 – 12

Location: Shamrock Outdoor Courts on Green St

Time: 9:30 – 11:30

Fee: \$47

Sullivan's Tennis Clinic

Week 4 7/21 – 7/24

Children will have the opportunity to learn the game of tennis. They will participate in drills teaching them the basic swings and also the rules of the game. They will also be playing matches against other campers. This clinic will be run by High School Coach Steve Sullivan.

Ages: 8 – 14

Location: Woburn High Tennis Courts

Time: 9:00am – 11:00am

Fee: \$47

Cheerleading

Week 5 7/28 – 7/31

This clinic teaches children cheers, stunts and dance which will be performed at the end of the clinic for parents! All stunts are safely monitored.

Ages: 4 – 7

Location: TBA

9:30 – 11:30

Fee: \$47

Ages 8 - 12

Location: TBA

1:30 – 3:30

Fee: \$47

Golf Clinic

Week 5 7/28 – 7/31

This clinic is an introduction to golf and is designed to teach the basics of golf to new learners. Each child will learn about the different clubs and how to properly swing them. The children will also have a chance to practice their skills at a local 3 par golf course. Children must have their own golf clubs or you must make arrangements with us if you need to borrow clubs.

Ages: 8 – 12

Time: 9:30 – 11:00

Fee: \$47(does not include price for round of golf)

Location: To be determined

Transportation to Lexington Golf Course not provided

Flag Football & Floor Hockey

Week 5 7/28 – 7/31

This clinic will be focused on learning the game of flag football and floor hockey. We will be playing both sports throughout the week. Equipment will be provided.

Ages: 7 – 12

Location: Leland Park

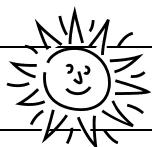
Time: 9:30 – 11:30

Fee: \$47

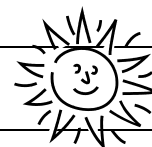
Reminder!! Registration for Summer Programs does not begin until May 1st

We Highly Recommend Registering Online at www.woburnrec.com

Early Bird Registration Monday April 30th 6pm – 8pm @ Recreation Office



Summer Youth Clinics (Morning)



*Most morning Clinics run 4 days with the 5th day being a rain day

Multi-Sport

Week 5 7/28 – 7/31

This clinic focuses on multiple sports each day such as flag football, floor hockey, basketball and many more. Children will get great exercise and enjoy playing outdoor games with their friends.

Ages: 5 – 12

Library Park

Time: 9:30 – 11:30

Fee: \$47

Soccer

Week 6 8/4 – 8/7

This clinic will teach the fundamentals of soccer. Children will be divided into groups according to age and will participate in fun games all geared towards learning the sport of soccer or enhancing their soccer skills.

Ages: 5 – 12

Joyce Soccer Fields

Time: 9:30 – 11:30

Fee: \$47

Softball

Week 5 7/28 – 7/31

In this clinic girls will get to improve their softball skills through daily drills. Our softball staff will be providing hands-on instruction on how to improve your softball game. Our staff is made up of former Woburn High School Softball players and current college softball players.

Ages: 6 – 12

Location: Library Park

9:30 – 11:30

Fee: \$47

Adventure Clinic

Week 6 8/4 – 8/7

This clinic children will take part in a different adventure around Woburn every day! For more info on this program contact the Recreation Dept.

Ages: 6-12

Location: Library Park

Time: 9:00- 12:00

Fee: \$51

Tiny Tikes Sports

Week 6 8/4 – 8/7

Children will participate in fun games such as kick ball, soccer, and many more. They also will have an opportunity to show their artistic side with some arts and crafts.

Ages: 3 – 4

Location: Library park

Time: 9:30 – 10:30 or 10:45 – 11:45

(if low attendance, we will combine classes)

Fee: \$22

Multi-Sport

Week 7 8/11 – 8/14

This clinic focuses on multiple sports each day such as flag football, floor hockey, basketball and many more. Children will get great exercise and enjoy playing outdoor games with their friends.

Ages: 5 – 12

Library Park

Time: 9:30 – 11:30

Fee: \$47

Tiny Tikes Sports

Week 7 8/11 – 8/14

Children will participate in fun games such as kick ball, soccer, and many more. They also will have an opportunity to show their artistic side with some arts and crafts.

Ages: 3 – 4

Location: Library park

Time: 9:30 – 10:30 or 10:45 – 11:45

(if low attendance, we will combine classes)

Fee: \$22

Baseball

Week 6 8/4 – 8/7

Children will get the opportunity to improve their hitting, fielding, base running and pitching skills through fun drills and then apply their skills to a game.

Ages: 7 – 13

Location: Leland Park

Time: 9:30 – 11:30

Fee: \$57 (Field trip to Pawtucket Red Sox game on 8/5 included in fee)

Lacrosse

Week 7 8/11 – 8/14

Come learn how to play one of the fastest growing sports!! Emphasis will be on skills and small sided games. **We have a limited supply of sticks so participants are encouraged to bring their own.**

Ages: 7 – 13

Location: Library Park

9:30 – 11:30

Fee: \$47

Basketball

Week 7 8/11 – 8/14

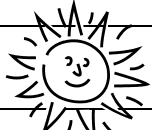
This clinic will focus on the basic fundamentals of basketball such as shooting, passing, dribbling. Fun basketball games will be incorporated into this clinic.

Ages: 7 – 12

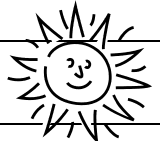
Location: Shamrock Outdoor Courts on Green St

Time: 9:30 – 11:30

Fee: \$47



Summer Youth Afternoon Programs



Club Rec!! @ Library Park

This program is run similar to a drop-off program where children will have to be signed in and out. The idea of this program is to get children out of the house and onto the fields playing games and sports with their peers. Children will have the opportunity to play a variety of games each afternoon.

Field trips will be offered on Fridays for an additional cost

Days: Monday, Wednesday, and Fridays

Grades 1 – 5 (grade you are entering in fall '14)

Program begins: June 25th - Aug 19th

***No class 7/4**

Groups will be separated according to ages

Time: 1:30 – 3:30

Cost: \$60 for the entire summer!

There will be limited spots for each grade division so please register early!!

Mini Club Rec!! @ Library Park

This program will be run as the same concept as Club Rec but is for those children who are not yet old enough for our "Club Rec" program. The idea of this program is to get children out of the house and onto the fields playing games and sports with their peers. Children will have the opportunity to play a variety of games each afternoon.

Program begins July 1st and Runs for 7 Weeks

Days: Tuesdays & Thursdays

Location: Library Field

Cost: \$40

Ages: 3 & 4

Time: 1:30 – 2:15

Ages 4 & 5

Time: 2:30 – 3:15

Flag Football

On Mondays in the summer we will be offering a Flag Football League for children. Children will be put onto teams and we will play an organized game each week. This program will run for 7 weeks. We will provide all the equipment

Ages: 7 – 13

Days: Tuesdays Begins July 1st

Time: 1:30 – 3:30

Location: Leland Park

Fee: \$30

T.R.C. Teen Rec Club Middle School Program

If your child is looking for friends, fun and adventure, this is the place to be. The program is held on Mondays & Wednesdays at Library Field.

Activities will include sports, crafts, games, off-site adventures and more! A calendar of events will be distributed the first week of the program.

Children will also have an opportunity to be a Counselor in training for the day at our Club Rec program. (7th & 8th Graders only)

Days: Mondays & Wednesdays

Grades 6 - 8 (grade you are entering in fall '14)

Program begins: June 25th - Aug 20th

Time: 1:30 – 3:30

Cost: \$45 for the entire summer!

There will be limited spots so register early!!

Field trips will cost extra per person

Recreation Summer Wiffleball League

Sign up for our popular summer wiffleball league! Games are held each afternoon at Library Park, with a tournament held at the end of the summer. This program will run for 7 weeks with an additional week for the tournament.

Program begins June 26th

Grades K – 8: Tuesdays & Thursdays

(Teams will be separated according to certain grades)

Time: 1:30 – 3:30

Location: Library Field

Cost: \$35

Ultimate Frisbee

On Mondays in the summer we will be offering an Ultimate Frisbee League. Children will be put onto teams and we will play an organized game each week. This program will run for 7 weeks. We will provide all the equipment

Ages: 7 – 13

Days: Mondays Begins June 30th

Time: 1:30 – 3:30

Location: Leland Park

Fee: \$30

Reminder!! Registration for Summer Programs does not begin until May 1st

We Highly Recommend Registering Online at www.woburnrec.com

Early Bird Registration Tuesday April 30th 6pm – 8pm @ Recreation Office



Summer Youth Afternoon Programs



Dodgeball

On Thursdays in the summer we will be offering a Dodgeball League for children. Children will be put on teams and will play all different variations of the popular game dodgeball!

Program Begins: June 27th

Ages: 7 – 13

Days: Thursdays (7 Weeks)

Location: Library Park

Time: 1:30 – 3:30

Fee: \$30

Floor Hockey

On Wednesdays in the summer we will be offering a Floor Hockey League for children. Children will be put onto teams and we will play an organized game each week. This program will run for 7 weeks. We will provide all the equipment (exception of Mouth guards)

Program Begins: June 26th

Ages: 7 – 13

Days: Thursdays

Location: Leland Park Rink

Time: 1:30 – 3:30

Fee: \$30



Summer Youth Evening Leagues



Youth Outdoor Summer Basketball League

This is a fun basketball league for children in grades 3 – 8. Children will be placed on teams and will play one game per week. Our summer staff will be refereeing as well as assisting the teams. This program will run for 6 weeks.

Program Begins July 7th

Grades 2 - 4: Monday Nights

Grades 5 - 8: Wednesday Nights

Location: TBA either Library or Shamrock

Time: 5:30 – 6:30

Cost: \$30

Tiny Tot Soccer League

This is a fun organized soccer league for little kids who want to continue to play soccer through the summer. Children will be placed on teams and there will be one game a week. This program will run for 5 weeks.

Program begins July 8th (No Class 7/22-Family Night)

Ages: 4 – 5 (Tues)

Location: Joyce Fields

Time: 4:45 – 5:30

Fee: \$30

Ages: 6 – 8 (Thurs)

Location: Joyce Fields

Time: 4:45 – 5:30

Fee: \$30



Field Trips



All Trips are handicapped accessible

Richardson's Mini Golf June 27th Cost: \$6.00 Departs: 1:00pm Arrives: 4:00pm	Aquarium & IMAX July 13th Cost: \$25 for adults, \$15 for children Departs: 10:00 am Arrives: 2:00pm	Water Country July 20th Cost: \$25.00 Departs: 8:30 am Arrives: 3:30 pm
Kimballs Farm July 25th Cost: TBD Departs: 12:30pm Arrives: 3:30pm	Field Trips fill up fast so in order to secure your spot please register as soon as possible. Online Registration is not available for Mini Golf Field Trips	Skyzone August 1st Cost: TBD Departs: 1:00pm Arrives: 4:00pm
Pawtucket Red Sox Game August 5th Cost: \$15.00 Departs: 10:45am Arrives: 4:00pm	Canobie Lake Park August 8th Cost: \$25.00 Departs: 11:00 am Arrives: 5:00 pm	Richardson's Mini Golf August 15th Cost: \$6.00 Departs: 1:00pm Arrives: 3:30pm



Fun Runs



.8 Mile race for children up to the age of 12 starts at **6:15**

2.5 mile race starts at **6:40**

Fun Runs are free of charge. All children who participate will receive a ribbon!!!



Dates: Thursday July 10th

Thursday July 17th

Thursday July 24th

Thursday July 31st

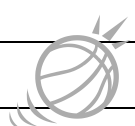
Thursday August 7th

Thursday August 14th

*We suggest you plan on being early so you do not miss the start of the race the
Parking lot at the Pond is sometimes crowded these nights*



Tanner Pride Basketball Camps



Girls Tanner Pride Summer Basketball Program

This program is run by Stephen Sullivan, Head Girls Basketball Coach at Woburn High. Tanner Basketball Program is skill-oriented. Activities are set up so players can have fun and compete against standards appropriate to their ability level.

Session I: 7/14 – 7/17

Session II: 8/11 – 8/14

Grades: Girls entering Grades 3 – 9

Location: Woburn High

Fee per session: \$125

Time: 9am – 2pm Participants must bring water and lunch

*This program has a separate Registration form * The form is available in the Recreation Office or at www.woburnnrec.com

Boys Tanner Pride Summer Basketball Program

This program is run by Tom Sullivan, Head Boys Basketball Coach at Woburn High. Tanner Basketball Program is skill-oriented. Activities are set up so players can have fun and compete against standards appropriate to their ability level.

Session I: 7/7 – 7/10

Session II: 8/4 – 8/7

Grades: Boys entering Grades 3 – 9

Location: Woburn High

Fee per session: \$125

Time: 9am – 2pm Participants must bring water and lunch

*This program has a separate Registration form * The form is available in the Recreation Office or at www.woburnnrec.com

Tanner Pride Youth Summer Basketball Program

This program is run by Stephen Sullivan, Head Girls Basketball Coach, and Tom Sullivan, Head Boys Basketball Coach at Woburn High. Tanner Basketball Program is skill-oriented. Activities are set up so players can have fun and compete against standards appropriate to their ability level.

Session I: 6/30 – 7/3

Session II: 7/28 – 7/31

Grades: Children entering Grades K - 4

Location: Woburn High

Fee: \$90

Time: 9am – 12pm Participants must bring water and snack from home

*This program has a separate Registration form * The form is available in the Recreation Office or at www.woburnnrec.com



Girls Volleyball Camp



Girls Summer Volleyball Clinic

The girls will learn how to hit, set, pass, and serve in a fun and friendly atmosphere lead by the Woburn Girls' Varsity Volleyball team. Each day will also include the teaching of volleyball specific exercises. Game like situations and mini-tournaments will also be part of each day of camp.

Date: July 21st – 24th

Location: Woburn High

Fee: \$75 *T-shirt included in price

Time: 1pm – 4pm

Grades: Girls entering Grades 5 – 9



Arts & Crafts



Free Craft Program!

An enjoyable place for children to make fun arts & crafts projects with our instructors. There is a different craft offered each afternoon. You do not need to be registered for this program.

This Program begins on June 25th and runs until August 21st
Summer 2013 Schedule

Monday 1:30 – 3:30	Library Park
Tuesday 1:30 – 3:30	Green Street Pool
Wednesday 1:30 – 3:30	North Woburn Pool
Thursday 1:30 – 3:30	East Woburn Pool

Kids who love Crafts

This program is for children who love to express their artistic side. Children will make different arts & crafts project each week. The project will be geared towards the age level of the children.

Program Begins: July 1st

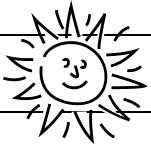
Ages: 5 – 12

Days: Tuesdays & Thursdays Mornings (7 Weeks)

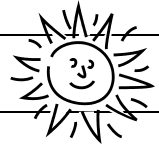
Location: Library Park

Time: 10:00am – 11:15am

Fee: \$40



Children with Disabilities



Recreation Summer Fun Clinic

Date to be determined by the last week of summer school

Join us for our very popular summer program! Last summer the children enjoyed bowling, swimming, sports, and other fun activities. This year there will be the same amount of fun plus more!

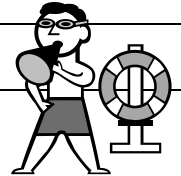
Ages: 5 – 21

Location: Reeves Elementary School

Time: 9:00 – 1:00



Pools & Wristbands



****Pools are open to Woburn residents only***

Every person entering the pool area must have a wristband

Wristbands may be purchased at the Recreation Office in City Hall

Children under 10 must be supervised by an Adult at the Pool

****All pools have a Handicap lift****

2014 Wristband Prices

Early Registration

May 1st – June 2nd

Adult - \$14

Child- \$9

Family- \$40

After June 2nd

Adult - \$19

Child - \$14

Family- \$55

Pool Hours

Monday – Friday: 10am – 7pm

Saturday: 10am – 5pm

Sunday: 12 - 5



Pool Locations

East Woburn (Golden Pool)

Located behind Leland Park on Central Street

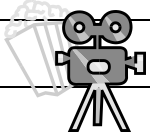
Green Street (Cox Pool)

Located behind the Shamrock school on Green St. *There is also a wading Pool*

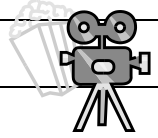
North Woburn (Rocco Schelzi Pool)

Located on Main street next to St. Anthony's Church.

The Recreation Department has the right to revoke wristbands for not complying with pool safety rules. A complete list of all pool rules are posted at each pool location.



Family Movie Mania



4 Week Movie Series @ Library Park

There's no better way to spend a cool summer night in Woburn than enjoying a great movie in the great outdoors. Consider joining us under the stars on Tuesday nights starting on July 22nd at Library Park. The movie will start promptly at dusk. It is recommended that you arrive a little early so that everyone will be able to get settled before the movie starts. Bring your own snacks/juice and money for ice cream man. Don't forget your lawn chairs and blankets for the family

Tuesday July 22nd
 Tuesday July 29th
 Tuesday August 5th
 Tuesday August 12th

For a listing of the movies visit www.woburnrec.com in July



Adult & Family Trips



Join the Woburn Recreation Department and Celebration Tours on our Summer Getaways! Sign-ups have already begun for the following summer trips. All trips are handicapped accessible.

Red Sox vs Yankees @ Yankee Stadium April 12 th	\$139 per person
New York City May 3 rd – 4 th	\$289 per person
Narragansett Bay Light House Cruise May 17 th	\$89 per person
Nantucket Island June 1 st – 2 nd	\$299 per person
Red Sox vs Baltimore Orioles @ Baltimore June 9 th – 11 th	\$399 per person
Block Island Day Trip June 21 st	\$89 per person
Red Sox vs Yankees @ Yankee Stadium June 28 th	\$139 per person
Thimble Islands Cruise July 12 th	\$99 per person
Red Sox vs Blue Jays @ Toronto July 20 th – 23 rd	\$549 per person
“Billy Elliot” Ogunquit Playhouse July 20 th	\$149 per person
Martha’s Vineyard July 26 th	\$89 per person
Connecticut River Cruise & Train Ride August 9 th	\$99 per person
“Pops By the Sea” on Hyannis Village Green August 10 th	\$139 per person
Lake Winnepesaukee Cruise and Brunch September 7 th	\$95 per person
Adirondack Balloon Festival & Lake George September 19 th – 21 st	\$499 per person

For more information on these great getaways, please contact the Recreation Department at (781) 897-5805
 Or Contact Celebration Tours at (617) 696-1900

ALL RATES ARE BASED ON TWIN OCCUPANCY



Summer Science & Design Programs



A Spectacular Science Camp

Week 2 7/7 – 7/11

Come join this very cool and fun summer program! Each day the kids will explore up to 20 weird and wacky hands-on science experiments and will make and take home at least 8 different projects. They will explore weird motions and flying things, air and water pressure; crazy chemistry, light and sound, science magic, electricity, magnetism, astronomy and more. Be prepared for lots of fun stuff.

Grades: Students entering Grades 1 – 5

Location: To be determined

Times: Half Day 9:00 – 12:00pm

Full Day 9:00 – 3:00pm

Fee: \$85 Half Day \$155 Full Day

LEGO® Minecraft & Engineering Workshop

Week 4 7/21 – 7/25

We have combined our two most popular workshops into one action-packed week of LEGO building. Explore the amazing world of Minecraft with LEGO®! Using official LEGO® Minecraft® sets, participants will construct a Minecraft Micro World Village, Obsidian Portal and The Nether complete with Netherack, flowing lava, gravel, and bedrock. We will also build a variety of different motorized vehicles including cars, tanks, and helicopters. Several new projects will be available for returning participants! Each participant will receive a custom-made take-home Minecraft® character!

Grades: Students entering Grades 1 – 6

Location: To be determined

Time: 9:00 – 12:00pm

Fee: \$110

Note: Participants do not take LEGO® projects home

Design & Build Workshop by Wicked Cool Kids

NEW!

Week 6 8/4 – 8/8

Love to create, design and build? That's engineering in action! This Challenge –based workshop will allow kids to repurpose items using the engineering and design process to dream up something new, useful, fabulous or just plain fun! Be an inventor and make your own door alarm, water balloon helmet or mechanical grabber to pick things up! Design and water filter that really works and create a car that's built to keep an egg safe in a crash. Top of the week by constructing a towering skyscraper and some crazy Rube Goldberg machines!

Grades: Students entering Grades 1 – 5

Location: To be determined

Times: Half Day 9:00 – 12:00pm

Full Day 9:00 – 3:00pm

Fee: \$150 Half Day \$250 Full Day

***Minimum amount of participants registered are needed to run full day class**

Middle School Amazing Hands-on Science!

Week 3 7/14 – 7/18

Come join this very cool and fun summer program! Each day the kids will explore up to 20 weird and wacky hands-on science experiments and will make and take home at least 8 different projects. They will explore weird motions and flying things, air and water pressure; crazy chemistry, light and sound, science magic, electricity, magnetism, astronomy and more. Be prepared for lots of fun stuff.

Grades: Students entering Grades 5 - 8

Location: To be determined

Times: Half Day 9:00 – 12:00pm

Full Day 9:00 – 3:00pm

Fee: \$85 Half Day \$155 Full Day

Rocket Science Wicked Cool Kids

Week 5 7/28 – 8/1

Join us for an all new mission as we build and launch a solid fuel scale model of the UP Aerospace SpaceLoft Rocket. In the morning, rocket scientists investigate flight by building and testing planes, copters, hot air balloons and various rocket propulsion systems. Design space suits, satellites, and rovers to investigate the surface, biosphere and atmosphere of an unknown world. Rocket launch on Friday morning, weather permitting.

Grades: Students entering Grades 1 – 5

Location: To be determined

Times: Half Day 9:00 – 12:00pm

Full Day 9:00 – 3:00pm

Fee: \$150 Half Day \$250 Full Day

***Minimum amount of participants registered are needed to run full day class**

Vet School Wicked Cool Kids

NEW!

Week 7 8/11 – 8/15

Do you know a kid who dreams of becoming a veterinarian? Grab a lab coat, animal lovers, as we learn about our favorite furry, flying and fishy friends! Make amazing animal models, build big bones and investigate animal intestines from our favorite vertebrates: birds, mammals, reptiles, amphibians and fish. Dissect an owl pellet to discover a predator's diet. We'll catch some invertebrates as we study insect exoskeletons and get into tiny worlds to look at animal cells and parasites. End the week with a featured live animal visit with tips for animal care and keeping pets healthy!

Grades: Students entering Grades 1 – 5

Location: To be determined

Times: Half Day 9:00 – 12:00pm

Full Day 9:00 – 3:00pm

Fee: \$150 Half Day \$250 Full Day

***Minimum amount of participants registered are needed to run full day class**



Golf Lessons with Barrie Bruce Golf School



For more information on Dates/Times Contact the Rec Department at 781.897.5805 Or visit woburnrec.com to see the full schedule

Jr. Golf School Clinic

This clinic is a series of five one and a half hour lessons dealing with safety, the address position, the swing, irons, woods, the short game, and golf etiquette. These classes are for beginners as well as those who are in the process of developing better golf skills

Instructor: Barrie Bruce Golf School

Ages: 7—14

Location: Billerica Country Club

Cost: \$105

Adult Golf Lessons

In collaboration with the Barrie Bruce Golf school this spring we are offering Adult Golf lessons. The following classes are available for you to register for:

- ☐ **Beginner Golf Instruction**
- ☐ **Intermediate Golf Instruction**

Location: Billerica Country Club

Instructor: Barrie Bruce Golf School

Price: \$165 for 5 lessons (1 hour each)

Special Events



Kid's Night
June 24th
Library Park
6:00 – 7:30



Come down for Kid's Night and kick off your summer with the Woburn Recreation Staff! There will be plenty of fun games for your children to participate in and it's a great way for them to get to know the summer counselors!



Family Night & Outdoor Movie
July 22nd
Library Park



Sponsored by the Woburn Rotary Club

Food will be served starting at 6:00

Children's Concert: 6:30 – 7:30

Outdoor Movie: 8:15 or 8:30 depends on sunset

Other activities include: Moonwalk, Fire Safety House, and other Children's Games



Mayor's Field Day
August 21st
Library Park
11:00 – 2:00



Come celebrate the end of the summer with the Recreation Department!!!

There will be many fun – filled activities and events for children such as a dunk tank, moonwalk, magician, face painting, along with great onstage performances.

Contact the Rec Department in July for the full list.

***Rain Date August 22nd**

Community Events Spring & Summer 2014

Boys and Girls Club Road Race – May 4th
@ Library Field

Community Yard Sale – May 3rd

Relay For Life – May 17th – 18th
@ Library Park

Flag Day – June 13th – 15th
@ Library Park

Parks, Fields, & Facilities

Ferullo Field 880 Main Street
1 Major League Field (lighted)
Swimming Pool, Playground
Tennis Court, Basketball Court

Leland Park Central St
1 Major & Little League Field
Basketball Court, Swimming Pool,
Playground, Street Hockey Rink

Library Park Harrison Avenue
2 Softball Fields (lighted), 2
Tennis Courts, Basketball Court,
Open Space Area, Playground &
Toddler Play area

Gillis Park Reeves School
1 Little League Field

Higgins Field White School
1 Little League Field

Weafer Park Forest Park Rd
2 Little League Fields

Kennedy Middle School
Open Space area

Ryan Park Russell St
Soccer Field, Playground

Altavesta Altavesta School
Soccer Field, Lacrosse Field

Gonsalves Field S Bedford Rd
2 Softball Fields, 1 Basketball
Court, 1 Tennis court

Green Street Shamrock
School Swimming & Wading
Pool, Playground, 2 basketball
courts

Veteran's Field School St
1 Softball Field (behind Senior
Center)

Organized or regular use of the City's Fields by groups of individuals or organizations shall require a permit. To request a permit please contact the Recreation Department

DCR Parks Pass

Woburn Recreation has joined the Department of Conservation and Recreation's (DCR) "Use Nature as Your Guide" program. The Recreation Department now currently has 1 Park pass that Woburn Residents can borrow and use to park free at any of the 50+ Outdoor Recreation areas in the state. The Parks Pass is available for residents to borrow on a first-come, first-serve basis. Residents must come down to City Hall to borrow and sign out the pass for a 24 hour period Monday through Wednesday or on Thursday for the weekend. Residents are encouraged to call the office to make sure the pass is available.

This park pass is valued at \$35 for Mass residents if they were to purchase one on their own. The pass can save residents around \$2 - \$10 on the parking fee at facilities.

The Recreation Department has a map of all of the available Massachusetts Outdoor Recreation areas if needed. For a listing of areas that charge a parking fee, visit the DCR website at:

www.mass.gov/dcr/parkspass.htm#facilities

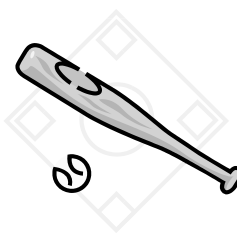


**Woburn Recreation
is now on Twitter!
Follow:
@Woburnrec**



Woburn Recreation Department
Program Registration Form
Spring & Summer 2014

A separate form is required for each participant



Participant Name: _____ Grade: _____ D.O.B.: _____

(Required)

Parent/Guardian Name: _____ Shirt Size: _____

Youth or Adult Sizes

Address: _____ Town/Zip: _____

Home Phone: _____ Cell Phone: _____

Emergency Contact: _____ Phone: _____

Please turn over form to fill out Medical Information or for additional space for programs

Program Name: _____ Day: _____ Fee: _____

Program Name: _____ Day: _____ Fee: _____

Program Name: _____ Day: _____ Fee: _____

Tanner Pride Summer Basketball Camps @ Woburn High have a separate Registration Form

Please include your email address if you would like to receive Program updates and information from the Woburn Recreation Department!

Please Print: _____ @ _____

Occasionally the Recreation Department will be taking photographs of various Recreation programs so that we can display the pictures of our programs on our website, Facebook page, in the Recreation Office, or send to the newspaper. If you do not want your child's photograph taken or displayed please initial here: _____

I/We, the undersigned father, mother or guardian(circle) of _____ (name of student), a minor, do hereby consent to my child's participation in Voluntary Recreation Programs of the City of Woburn(hereinafter "the City"). I/We also agree to forever RELEASE the City, a municipal corporation of the Commonwealth of Massachusetts, and all its employees, officers, agents, board members, volunteer and any and all individuals and organizations assisting or participating in voluntary athletic or recreation programs of the City(the Releasees") from any and all claims, actions, rights of action and causes of action, damages, costs, loss of services, expenses, compensation and attorneys' fees that may have arisen in the past, or may arise in the future, directly or indirectly, from known and unknown personal injuries to my child or property damage resulting from my child's participation in the City's Recreation Programs which I/we may now or hereafter have as the parent(s) or guardian(s) of said minor child and which said minor child has or hereafter may acquire, either before or after reaching majority. I/We also promise, to INDEMNIFY, REIMBURSE, DEFEND, and HOLD HARMLESS the Releasees against any and all legal claims and proceedings of any description that may have been asserted in the past, or maybe asserted in the future, directly or indirectly, including damages, costs and attorneys' fees, arising from personal injuries to my child or property damage resulting from my child's participating in the City's voluntary Recreation Programs or administration of first aid. I/We further affirm that I/we have read this Consent, Release from Liability and Indemnity Agreement, and that I/we understand the contents of this Agreement. I/We understand that my child's participating in these programs is voluntary and that my child and I/we are free to choose not to participate in said programs. By signing this Agreement, I/we affirm that I/we have decided to allow my child to participate in the City voluntary Recreation Programs with full knowledge that the Releases will not be liable to anyone for personal injuries and property damage my child or I/we may suffer in voluntary City Recreation Programs.

Signature (Parent or Guardian): _____ **Date:** _____

☐ **I would like to donate to be a "Friend of Woburn Recreation". I have added \$ _____ onto my registration amount to help sponsor programs run by the Woburn Recreation Department. I understand that this is strictly voluntary and is not a requirement for registration of any programs. See pg.2 for more info**

For Office use only:

Date: _____ **Amount:** _____ **Check #:** _____ **Cash:** _____

Medical or Special Concerns that we would need to be aware of for your child (i.e allergies, past injuries, etc.)

Health Insurance Provider _____

Child's Primary Physician: _____ Hospital: _____

Any medications taken on a regular basis (i.e. insulin, etc.): _____

This information is only needed in case there is a medical emergency where we would need to administer care for your child if a parent or guardian were not available at that present time

Program Name: _____ Day: _____ Fee: _____

Program Name: _____ Day: _____ Fee: _____

Program Name: _____ Day: _____ Fee: _____



**LOOK FOR OUR
FALL & WINTER
BROCHURE IN
THE END OF
AUGUST**

