



## Participant Profile

Participant's Full Name: \_\_\_\_\_ Gender: M / F

Nickname (if they have one): \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address of permanent residence: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Ethnic Origin: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Name of Parent/Legal Guardian/Caregiver: \_\_\_\_\_

### Emergency Contact Information

1. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Home/Work Phone: \_\_\_\_\_

2. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Home/Work Phone: \_\_\_\_\_

In the event of a medical emergency, I give permission for the program staff to render first aid to this participant and to seek emergency medical services as they see fit, and at my cost.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Immediate Need Information**

Diagnosis: \_\_\_\_\_

\_\_\_\_\_

Medications: \_\_\_\_\_

\_\_\_\_\_

All Known Allergies: \_\_\_\_\_

\_\_\_\_\_

Dietary Restrictions: \_\_\_\_\_

\_\_\_\_\_

Mobility Concerns: \_\_\_\_\_

\_\_\_\_\_

Swimming ability: \_\_\_\_\_

\_\_\_\_\_

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**Therapeutic Recreation Participant Health History Questionnaire**

(To be filled out by parent/legal guardian/caregiver)

Participant's Full Name: \_\_\_\_\_ Gender: Male Female

Date of Birth: \_\_\_\_\_ Address: \_\_\_\_\_

Medical Insurance Provider: \_\_\_\_\_ Policy #: \_\_\_\_\_

Diagnosed Disability and/or the nature of participant's challenges:

\_\_\_\_\_

\_\_\_\_\_

Currently taking any Medications? **Yes / No** If yes, please list Medications and dosage: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Will medication need to be administered/taken by participant, parent, caregiver, or person care assistant during program hours? **Yes / No**

If yes, please explain \_\_\_\_\_

\_\_\_\_\_

School the participant attends: \_\_\_\_\_ Current Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

Does the participant have an IEP? **Yes / No** Does the participant have a 504 plan? **Yes / No**

If over school age, any supplementary programs the participant attends: \_\_\_\_\_

\_\_\_\_\_

Is the participant employed? **Yes / No** If yes, employer and job title: \_\_\_\_\_

Does the participant have epilepsy and/or experience seizures? Yes / No If yes, please list the following:

Type: \_\_\_\_\_ Current status (active or controlled): \_\_\_\_\_

Frequency: \_\_\_\_\_ Typical/Average Duration: \_\_\_\_\_

Date of last seizure: \_\_\_\_\_ Known Triggers: \_\_\_\_\_

Reaction before, during, and after seizure: \_\_\_\_\_

\_\_\_\_\_

Has the participant had any recent serious illness, injury, or surgery? Yes / No If yes, please explain: \_\_\_\_\_

Does the participant have **ANY** allergies/sensitivities to food, medication, insect bites or stings, etc? Please explain the nature of the allergy and the characteristics of the reaction: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Does the participant carry an Epi Pen? **Yes / No**

Does the participant follow a special diet we should be aware of? **Yes / No**

If yes, please explain special diet here: \_\_\_\_\_

\_\_\_\_\_

Does the participant have a history of heart/lung/cardiovascular problems? (Including chest pain, blood pressure, cholesterol, asthma, heart attack, heart disease, difficulty breathing, and heart defects)

Yes / No If Yes, please explain and **describe any activity limitations**: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Does the participant have any hearing/auditory issues? **Yes / No** Use hearing aids? **Yes / No**

Does the participant use ASL/gestures and/or any electronic devices/PECS to communicate? **Yes / No**

Is the participant able to communicate their wants/ needs? **Yes / No**

Does the participant speak with delay/slow speech? **Yes / No**

Please check any of the following activities of daily living where the participant will need assistance:

Eating: \_\_\_\_\_ Drinking: \_\_\_\_\_ Toileting: \_\_\_\_\_ Dressing (ex: zippers, shoelaces, buttons)

Please explain ADL assistance here if needed: \_\_\_\_\_

\_\_\_\_\_

History of concussions/ head injuries? **Yes / No**

Does the participant experience any visual problems/blindness? Yes / No Wear glasses? Yes / No

Does the participant have any bone and/or joint problems? **Yes / No**

Any mobility and/or balance concerns? **Yes / No** If yes, please explain any limitations or when/where extra help will most likely be needed: \_\_\_\_\_

Does the participant use any assistive devices or adaptive equipment (walker, wheelchair, crutches, prosthetics, cane, orthotics, etc.) on a daily basis? **Yes / No** If yes, please explain: \_\_\_\_\_

Can the participant read? **Yes / No** Can the participant write? **Yes / No**

Does the participant have any sensory limitations or concerns that may interfere with programming? Yes / No If yes, please explain: \_\_\_\_\_

Does the participant have any psychological, emotional, or behavioral concerns or issues that may arise during social situations, new experiences, physical exertion, or stressful circumstances? (Including but not limited to anxiety, aggression, defensiveness, panic attacks, confusion, etc.) **Yes / No If your child is on a behavior plan please let the staff know.**

If yes, please explain(include tools/tips for behaviors): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please briefly describe the participant's social behavior: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please list any leisure activities, sports, classes/programs that the participant enjoys in his/her free time:

\_\_\_\_\_

\_\_\_\_\_

Please describe the participant's current living situation: \_\_\_\_\_

\_\_\_\_\_

Is there any additional information you can provide about the participant and would like us to be aware of?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

The information provided on the previous pages is current and accurate. I understand that this is personal information and that it will be confidential, and only pertinent information will be shared with inclusion support staff members on an as-needed basis, and will be kept on file by the Woburn Recreation Department's Director.

Signature of Parent/Legal Guardian/Caregiver: \_\_\_\_\_ Date: \_\_\_\_\_